

Place programme

APRIL 2024

Executive summary

Key successes
Key challenges

One Community support & development

Risks, issues and requests
CD work-plan status

Reports from the One Communities

One Ilfracombe
One Atlantic
One Barnstaple
Torrington 100
Holsworthy & District Community Forum
Live Well in Braunton
One South Molton

One Community and Community Developer employer logos



Live Well in Braunton
Connecting the Community



For Board Attention & Discussion

Key successes

Person-centred approach

The work of the One Communities demonstrates considerable effort to take a person-centred approach and working directly with residents and those with lived experience is increasing. This is both evident in past projects and descriptions of projects and initiatives that have an emphasis on co-production. Co-production helps to maintain a person-centred perspective and includes citizen involvement, participation, engagement, and consultation. It is a cornerstone of a person-centred approach and therefore evidence of co-produced projects and initiatives in the data is considered an excellent proxy for a person-centred approach.

It is notable that these co-produced projects in particular produce significant and meaningful impact felt by participants. There is evidence of a number of clear positive outcomes stemming from this approach, including projects benefiting from local expertise with lived experience, making sure individual voices are heard and that projects reflect these voices, skill sharing, connectedness, empowerment, reported improvements in mental health and wellbeing, and improved confidence and direction.

Partnership working

There is considerable evidence of partnership working across all place reports. Multiple initiatives and projects led by OND and the One Communities are reported, and collectively, they emphasise not only the considerable focus on partnership working, but the added value of working in partnership with other organisations. Specific impacts evidenced include a more diverse and wider group of community members being reached and engaged, combating loneliness, reducing social isolation, reaching elderly members of the community, increasing awareness of community services for residents, reducing antisocial behaviour, and increasing opportunities for funding at the community level.

Key challenges

Evaluation approach

The One Communities programme lacks a consistent framework and outcome measures used to evaluate the work of each One Community. This would allow outputs and outcomes from each individual project to be translated and compared across different population samples, and overall impact easy to quantify and establish in future evaluations. This will allow for a greater body of evidence to be established in line with proposed themes, such as the impacts and outcomes produced by co production at the individual, community, staff, organisation and project level, as well as better quantifying impacts of challenges experienced. Measuring such variables would allow for a coherent establishment of pathways to impact in future work.

Whilst opportunities to partner with universities exist, these have large overheads often between £80-£200k to evaluate a 1-3 year programme. Therefore, whilst exploring larger funding pots by partnering with academic institutions we will likely need to operate within the capacity of the partners involved with OND (e.g. ICB/ local authority/ VCSE). Partner capacity could be explored to ensure evaluation meets the requirements of all stakeholders.

Lack of resources

There is some overlap between the important role of the community developer or facilitator in supporting ideal conditions to foster impactful community projects, and the potentially negative impact that resources issues could have on their ability to do this well.

The community developer role is recognised as crucial, it is also under funded, which can create insecurity, uncertainty, and significant stress, and is highly counterproductive to their role and the positive impacts they can have. We need to ensure that community developers feel supported and valued in the context of the current funding landscape.

OC RISKS, ISSUES, REQUESTS

*Risk score /25 = Likelihood (/5) x Impact (/5)



HIGH RISK



MEDIUM RISK



LOW RISK

Risk/Issue	Potential Impact / Request	Current Mitigation	Score /25
<p>Issue: Community Development Officers (CDO) Funding posts only funded till end of March 2024 (Live Well In Braunton Community Lottery funded CDO post until end of March 2025)</p>	<p>If no further funding is secured: One Community place-partnerships would be without staff CDO support One Northern Devon: would be unable to support the long-established place-based partnerships (a core OND programme). These have taken a long time to develop and embed (since 2013) Communities, residents, organisations and groups would lack CDO support Staff: All funded CDO posts will have to end by end of March 2024 (on fixed-term contracts)</p>	<p>24/25 mitigations Once available, OND will apply for LCP 24/25 funding NDVS and TTVS are leading on a Community Lottery Application - in discussion with District Councils re: match funding</p>	20
<p>OND Board request - Seeking match/interim funding from partners</p>			
<p>Risk: OC/CD Evaluation: Lack of One Community Evaluation - currently this report only reflects reported outputs and, often unmeasured, outcomes</p>	<ul style="list-style-type: none"> • Could negatively impact future funding bids (lack of evidence of process / outcomes) May be impacting our ability to learn / develop OC's effectively 	<ul style="list-style-type: none"> • University of Exeter are completing an analysis of past project evaluations and place reports Creating a logic model (evaluation framework) based on feedback from OND Board, OND One Community group and CDs. University of Exeter's SPHERE costed full external evaluation at £80k (requires funding) OND Impact reporting could also consider Community-level measures 	15
<p>OND Board & OC request - Please feedback any: outcome measures your organisation/group currently uses to measure 'community work and collaborative partnerships'</p>			
<p>Risk: LCP Community development & learning steering group - Lack of member representation</p>	<p>Unable to effectively collaborate to deliver the joint forward plan and act as a OC steering group</p>	<ul style="list-style-type: none"> • Invite the OND/LCP Board to join monthly group to help set direction 	15
<p>OND Board request - Please can you nominate a representative from your organisation to join the steering group</p>			

CD WORKPLAN STATUS

The following outlines the work requirements of the Community Development Officers and the work submitted to One Northern Devon for sharing with the board.

● IN DEVELOPMENT/UNDER REVIEW
 ● COMPLETED

ACTIVITIES SHARED WITH OND		OB	OSM	LWIB	OI	OA	T100	H&DCF
GOVERNANCE / ADMIN	OC FORUM SETUP							
	ONLINE COMMUNITY PLATFORM							
	LIST OF OC MEMBERS							
	OC TERMS OF REFERENCE							
COMMUNICATIONS	OC FORUM MINUTES AND ACTIONS							
COMMUNITY ACTION PLAN	MAP COMMUNITY ASSETS (STRENGTHS)							
	AGREE LOCAL PRIORITIES							
	THEORY OF CHANGE / LOGIC MODEL							
TAKE COLLECTIVE ACTION	COMMUNITY PROJECTS (OUTPUTS/OUTCOMES)	SEE 'OND PLACE REPORT'						

One Communities

Outcomes & Outputs

Feb 2024 & March 2024

Reported outputs and outcomes

One Ilfracombe

One Atlantic

One Barnstaple

Torrington 100

Holsworthy & District Community Forum

Live Well in Braunton

One South Molton

One Community and Community Developer employer logos



Live Well in Braunton
Connecting the Community



BARNSTAPLE
TOWN COUNCIL



South Molton
Town Council



our future, our choice



connecting our communities



Creating a Northern Devon Inclusive Community framework

The Community Developers, OND Flow staff and Encompass Southwest are working together to create a trauma-informed framework to support populations across Northern Devon that are often marginalised due to discrimination, stigma and lack of understanding.

Current engagement work is exploring how our communities view people with complex needs, what is going well (areas of good practice), what is needed, what could be improved and how we can reach those often described as ‘hard to reach’ to involve them in co-design.

The project started with complex needs and has expanded to become a general inclusive framework that celebrates diversity and aims to support the integration of all within our communities.





Community priorities:

- Loneliness & isolation
- Young People
- Healthier Lifestyles
- Travel & Transport
- Unpaid Carers
- Services in your home
- Fuel Poverty
- Mental Health
- Climate change & 'green' initiatives

How H&DCF helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Stroke Support Group	<ul style="list-style-type: none"> • 1st session 5th April: Volunteer-led peer support group Venue secured PCN Wellbeing Lead identifying patients CD advertise locally/on social media 	<ul style="list-style-type: none"> • Increased awareness of support available for stroke victims Improved wellbeing Reduce loneliness - new friends Increase local support - peer group Effective publicity coordinated by a volunteer with lived MH experience 	Stroke Association, TTVS, PCN Wellbeing Lead, Kings Arms
Mental wellbeing for farmers & suicide prevention in the rural community	<ul style="list-style-type: none"> • Grant application has been submitted by Methodist church and quotes are being obtained for printing of credit card information. • Design & produce information cards with MH/Crisis support information for distribution • Provide basic MH training for all those coming into regular contact with farmers (delivery drivers, drovers, etc). • Seeking a grant to cover costs and enable the project aims to be widened. 	<ul style="list-style-type: none"> • Reduce suicides in the farming community • establish easy access to basic MH support for farmers & suicide prevention in the rural community. 	Plymouth & Exeter Methodist District (Andy Jerrard, Rural Support Worker), TTVS, PCN, Kivells, Market Cafe, Market Chaplaincy Team, Grief Specialists
Food Hub (ongoing)	<ul style="list-style-type: none"> • offering low cost food (approx 60 bags p/wk) • Running very successfully with over 150 members. • CD leads 1 in 4 sessions including food ordering 	<ul style="list-style-type: none"> • help low income families stretch their budgets • Increase volunteering opportunities • putting an estimated £10,000 worth of food back into the local community with zero waste 	DMAT, Live West, Tressell Trust, HDCF, TTVS
Volunteering hub	<ul style="list-style-type: none"> • Promotion • Handling enquiries • Volunteers hosted with TTVS 	<ul style="list-style-type: none"> • Positive engagement with members of the community • Increased volunteer recruitment 	Holsworthy Memorial Hall, TTVS
Chatty benches	<ul style="list-style-type: none"> • Signs are now in place CD is meeting with Mayor for photo shoot/publicity • Supporting 'Looby Loo's' cafe and Morrisons in Bideford cafe (Warm Space) to have a day where they open up/host a chatty bench 	<ul style="list-style-type: none"> • Reduce loneliness/isolation • Increase warm spaces 	'Looby Loo's' cafe Morrisons (Bideford) Bideford Town Council



Photo of Lesley (volunteer tutor) teaching 'the art of Ragrugging' (using strips of fabric which would otherwise go into landfill) – and some samples of participants work.



New signs for 'chatty benches' offering physical resting spaces for residents to meet and chat

Community priorities:

Live Well in Braunton is a community resource helping people to live healthier and happier lives. Our priorities are:

- Make the village more connected
- Build social equity
- Support existing projects
- Identify gaps and coordinate respective projects
- Support social prescribing



How LWIB helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Community Garden	<ul style="list-style-type: none"> • Community Contract created (amendments to suit both parties) • 1st location being finalised - 2nd location has been offered at peppercorn • 6 volunteers recruited to be Lead Volunteers of open groups and have roles such as Planning etc. • £3000 of the growing communities fund spent on the garden • £1500 for 10 workshops from primary school to adults • Equipment purchased 	<ul style="list-style-type: none"> • Generate interest in Garden and wildlife • Increase volunteering • Increase nature connection 	<p>Live Well in Braunton Braunton Academy Gardeners CoBraunton Parish Council Ask for Jake Residents</p>
Postcards of Cheer	<ul style="list-style-type: none"> • Advertised for Volunteerstalks at 3 local groups and Library • 9 x Volunteers paperwork completed • Awaiting referrals: Links with local care homes and GP (6 provisional) 	<ul style="list-style-type: none"> • Awaiting referrals 	<p>Live Well in Braunton Empathy Group Braunton Library Caen Medical Centre U3A Braunton Parish Council</p>
Charity Calendar	<ul style="list-style-type: none"> • Worked with Local residents to create a Charity Calendar. • Helped advertise and sell • 12 charities/CIC's have had publicity 2 x smaller charities have raised £1200 	<ul style="list-style-type: none"> • Increase awareness of local charities • Increase charity fundraising 	<p>Live Well in Braunton Local resident 12 times charities 10 times business sponsors</p>
Youth Work	<ul style="list-style-type: none"> • Set up activities and life skill sessions - 7 attended 2nd crochet course - 18 attended Youth First Aid • Support BPC with engagement re: Playground equipment • Linking school to council 	<ul style="list-style-type: none"> • increase provision for young people • reduce negative interpretation of youth and anti-social behaviour • increase voice of young people • Enjoyed workshops and will use skills 'to help get employment or in caring role' 	<p>Live Well in Braunton Braunton Academy Braunton Library Navigate Ask for Jake Braunton Countryside Centre Braunton Parish Council</p>
Information sessions	<ul style="list-style-type: none"> • Braunton Community forum- relaunched Face-to-face • 4 new Community Ambassadors • Ageing Well joint event with Age Concern (up to 100 attendees) • 2nd Community Soup - 4 local groups pitched for funds (Plastic Free, Access for All, Vista Wellbeing and Saunton Life Savers) 	<ul style="list-style-type: none"> • Raise awareness of local offer (directories, events) • Increase volunteers • Participatory commissioning 	<p>Live Well in Braunton Ageing Well Tyspane Care Home Men's Shed Devon Carers CAB Filo Project Fire Service Community Police Headway U3A Memory Café Parkinson's café Vista Wellbeing Access for All Plastic Free Saunton Life savers Pru Maskell</p>



Community priorities forming:

- Young Adults (17-25) Community Support Group
- Isolated Population
- Adult Mental Health
- LGBTQ+ Support
- Unpaid Carers



How One Atlantic helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE [CLICK HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Carers Lite Bites voucher Scheme	<ul style="list-style-type: none"> • Discussions with Young Carers and Devon Carers Funding from TDC, Bideford Bridge Trust • Approaching local cafes April - June. • Created vouchers with value up to £10 	<ul style="list-style-type: none"> • flexibility to enjoy a social activity in their own time (due to time constraints) 	TDC, Bideford Bridge Trust, Pannier Pantry Otters Quay 22Cool Beans, Young Carers - Torr age - TTVS Devon Carers
Rough Sleeper Lite Bite Voucher Scheme	<ul style="list-style-type: none"> • Lite bite vouchers • Recruit local cafes • Encompass support workers to hold vouchers and accompany clients so vouchers reach target group 	<ul style="list-style-type: none"> • Reduce isolation & loneliness • Improve wellbeing • Reach and support complex, isolated social group 	Participating cafe's Cool Beans Cafe Collective Pannier Pantry Cafe Collective
Creative Community - Creative Activities	<ul style="list-style-type: none"> • Funding secured from Creative lives • Local artist to deliver 6 week art court to residents at local community housing. 	<ul style="list-style-type: none"> • reduce loneliness/isolation • Build healthy resilient relationship and community • Improve well being and mental health 	Westward housing Creative Minds community Artists, Creative Lives (know your neighbourhood)
Carers Activities	<ul style="list-style-type: none"> • Forward any activities suitable for adult carers to Devon Carers • Applying for funding for subsidised meals 	<ul style="list-style-type: none"> • Improve adult mental health • reduce isolation • Enable new friendships. 	Devon Carers TTVS
Beginners Meditation Classes	<ul style="list-style-type: none"> • 6 wk Meditation group - Uptake variable 	<ul style="list-style-type: none"> • Improve Health & wellbeing • Learn new skills • reduce isolation/loneliness 	TTVS Westward Housing Ian Godfrey
Sharing Table/chatty cafe,	<ul style="list-style-type: none"> • 2x Local cafe's secured for trial As requested by local housing provider for their residents • gift of kindness box for socially disengaged/disadvantaged 	<ul style="list-style-type: none"> • Prevent isolation & loneliness • Improve wellbeing • Build stronger resilient community & support 	Local cafe's, Encompass Devon Carers



8 key priorities ([see our Community Action Plan](#))

- Ensure funding and future planning to sustain One Barnstaple
- Create a Mental Health Network
- Create a Volunteer Bank
- Connect the community through events and activities
- Create a (physical) Community Hub
- Coordinated communications and media across the community
- Create a Community Food Network
- Create a Virtual Hub for collaborative working

**Chair: Jane Petch (Libraries Unlimited)
Community Developer: Ella McCann & Rosie Mahoney**



How One Barnstaple helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
<p>One Barnstaple Networks</p>	<ul style="list-style-type: none"> • All networks are continuing to meet at intervals agreed by attendees. • Networks in development including Children and Families, Community Food and Accessibility. • One Barnstaple Membership Meet up held in March. • Calendar of Network Meetings now available for 2024/2025 	<ul style="list-style-type: none"> • Collaborative working and shared resources • Improved communication across organisations • Increased visibility of activity • Actions informed by community needs and what's important to our community. • Partnership projects and events 	<p>All One Barnstaple Members are invited to connect to the range of networks and make use of them as fits best with the needs of the community members they are supporting.</p>
<p>Wellbeing Wednesdays (Cafe and Chair Yoga sessions)</p>	<ul style="list-style-type: none"> • Funding secured by Barnstaple Town Council for Wellbeing Wednesday Cafe and Chair Yoga throughout 2024 • Chair Yoga sessions run twice each Wednesday morning. • Wednesday Wanderers meet in the afternoon from the same space. • The first Wednesday of each month incorporates Elder Day in collaboration with Age Concern) • Barnstaple Town Council have moved the Community Cafe to the Library Foyer (whilst work on the Guildhall/Shambles takes place) which extends the Cafe until 2pm on the first Wednesday of each month. 	<ul style="list-style-type: none"> • Increased connection between community members. • Reduced isolation and loneliness. • Increased physical movement and wellbeing through Chair Yoga sessions. • Access to advice, information and signposting from One Barnstaple Member Organisations. • Connection to Library and range of activities available through Libraries Unlimited and OB Members. • Other One Communities rolling out #WellbeingWednesdays including cafe style drop in and activities. 	<p>Barnstaple Library Barnstaple Town Council Yoga and Holistics with Jeanine A range of One Barnstaple Member organisations With funding from Devon County Council's Growing Communities</p>
<p>Food For Thought Project - Phase 2</p>	<ul style="list-style-type: none"> • Peer Researchers recruited. • 3 x cooking sessions at Barnstaple Georgie's Youth Centre • 3 x cooking sessions at Bideford Space Youth Centre • Visits and activities scheduled for April onwards • Encompass South West also joining the Food for Thought project. 	<ul style="list-style-type: none"> • Peer Researchers sharing learning. • Young People enjoy cooking, learning new skills, sharing existing skills, exploring food and trying new dishes. • Project aligns with One Barnstaple Youth Network and One Barnstaple Community Food Network. 	<p>Devon Community Foundation Barnstaple Town Council Space Youth Services Encompass SW The Young Foundation UK Research Institute Devon Food Partnership</p>



8 key priorities (see our [Community Action Plan](#))

- Ensure funding and future planning to sustain One Barnstaple
- Create a Mental Health Network
- Create a Volunteer Bank
- Connect the community through events and activities
- Create a (physical) Community Hub
- Coordinated communications and media across the community
- Create a Community Food Network
- Create a Virtual Hub for collaborative working

**Chair: Jane Petch (Libraries Unlimited)
Community Developer: Ella McCann & Rosie Mahoney**



How One Barnstaple helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Meet and Eat Mondays @ The Shambles	<ul style="list-style-type: none"> • Pilot sessions in January 2024 • Morning network / meeting / workshop sessions • Meet and Eat Lunch (soup) • Camerados Pop Up Public Living Room in the afternoon 	<ul style="list-style-type: none"> • Barnstaple Town Council are aiming to recommence Meet and Eat Mondays once The Shambles is available for use. • Camerados Pop Up Public Living Rooms to be programmed into The Shambles once available for use. 	<p>Barnstaple Town Council Association of Camerados A range of One Barnstaple Member organisations</p>
Repair Cafe	<ul style="list-style-type: none"> • Monthly sessions on the 3rd Saturday of each month from 10am until 1pm • Education and opportunity to reduce waste, reuse and repurpose. • Recruitment drive via Plastic Free North Devon for volunteers • Repair Cafe Skills Share scheduled for June in partnership with Flourishing Barnstaple and Barnstaple Carnival. 	<ul style="list-style-type: none"> • Community Members being connected to opportunities through delivery partners. • Increased awareness of other activities and social connections available to attendees. • Community Action. • Community Members sharing skills and getting involved (not just the volunteers!) 	<p>Plastic Free North Devon Barnstaple Town Council Barnstaple Rotary Link Barnstaple Library North Devon Council / Flourishing Barnstaple</p>
T - Level Students	<ul style="list-style-type: none"> • Digital T-level students are currently designing a virtual tour of the Guildhall. • Business and Admin T Level Student has been supporting the Wellbeing Wednesday Café Sessions and other One Barnstaple activities. 	<ul style="list-style-type: none"> • Connecting people to the Guildhall virtually. • Wellbeing Wednesday Café sessions filled each week and records kept up to date for impact measuring. 	<p>Petroc Barnstaple Town Council</p>

Community priorities:

The priorities identified by One Ilfracombe following engagement with Ilfracombe residents and considering the local public health data are:

- Increasing life expectancy
- Enabling older people to remain independent longer
- Helping our young people to reach their potential
- Increased growth of local business
- More Ilfracombe residents in work
- Improving town image
- More residents feeling proud



How One Ilfracombe helped the community

THIS IS A SNAPSHOT OF THIS MONTHS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Cardiac Rehab (phase 4)	<ul style="list-style-type: none"> • Regular steering group meetings • Cardiac Project presentation at the Living Well meeting • plan to get a cohort of patients for Primary Prevention (offered a place via their GP) on a 'Healthy Living' 6 week course • Health & Wellbeing Team creating course content: 12 weeks x1 exercise sessions and the 'Healthy Living' 6 week classes. • Led by BACPR Health Coach from Health & Wellbeing Team (completed by June)'GP Exercise Referral Course' with Vista Wellbeing (to cover the Primary Prevention referrals) • CD designing referral forms, arranging logins for the Cardiac Rehab Team, referral pathways etc 	<ul style="list-style-type: none"> • (½ cohort) Primary prevention to prevent cardiac arrest • (½ cohort) Tertiary prevention to stop recurrence of cardiac arrest • Improve partnership working, incl. subject matter experts U • ser led co production to develop the project 	Cardiac Clinic NDDHCombe Coastal Practice.Health & Wellbeing Team.One Ilfracombe.Ilfracombe residents.
Wellbeing Wednesday	<ul style="list-style-type: none"> • CD & the Health & Wellbeing Team developed Wellbeing Wednesday (based on 5 Steps to Wellbeing (Connect, Be Active, Keep Learning, Give and Take Notice) Every Wednesday from the Lantern 10am to 2.30pm - footfall of approx 30 people each week. • A Social Prescriber and CD will run a cafe style drop- in (arts and crafts, soup and bread, activity) and support activity. • Gentle exercise (chair based or low level),Memory Cafe for people with Dementia / memory loss, Express Yourself with Joanie (singing, poetry, improvisation), Chat & Chill Walking • will develop/change the activities/events/talks based on feedback 	<ul style="list-style-type: none"> • Hub where people can meet others & learn activities on a regular basis • Help combating loneliness/isolation. 	Health & Wellbeing Team. One Ilfracombe.Ilfracombe Residents.One Barnstaple
Supporting Belles Place (existing asset)	<ul style="list-style-type: none"> • updating & promoting Belles Place Good cause page on the ND Community Lottery • Admin support for event 'Belles and Whistles'. • Leaflet & Promotion of 'The Prom shop'. incl. arranging storage and cleaning/steaming of donated dresses and suits • photo shoot with members of Rebecca Varley's Dance School • Sourced location for the pop up 'uniform shop' to run for the 6 week school summer holiday, helping stock and collect donations. 	<ul style="list-style-type: none"> • Increase funding and support for existing asset 	Ilfracombe Town Council.One Ilfracombe.Ilfracombe residents.

Community priorities:

The priorities identified by One Ilfracombe following engagement with Ilfracombe residents and considering the local public health data are:

- Increasing life expectancy
- Enabling older people to remain independent longer
- Helping our young people to reach their potential
- Increased growth of local business
- More Ilfracombe residents in work
- Improving town image
- More residents feeling proud



How One Ilfracombe helped the community

THIS IS A SNAPSHOT OF THIS MONTHS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Community Pantry Trial (Swap Shop)	<ul style="list-style-type: none"> • Menshed making the pantry. • Trialling in the Lantern Courtyard packets, tins etc – no fresh food - If successful, plan to branch out with more pantries in different areas of Ilfracombe recruiting volunteers 	<ul style="list-style-type: none"> • help with the cost of food • reduce food waste. • Empower residents to use and look after asset (increase citizenship) 	Health & Wellbeing Team, One Ilfracombe, Ilfracombe Town Council, Ilfracombe residents.
Poverty Truth Commission	<ul style="list-style-type: none"> • Co-facilitating Community Commissioner sessions every 2 weeks until the launch event in Summer 2024 (Will also co-facilitate full commission Sept 2024-2025) 	<ul style="list-style-type: none"> • have a better understanding of the impact and root causes of poverty in Ilfracombe • people with lived experience will have an active role in decision-making, working in partnership to bring about positive social change • Create a shared understanding of the sphere of influence and barriers to change 	One Ilfracombe, One Northern Devon, One Devon ICB (Funder), Poverty Truth Network (Funder and support), Local and regional cross sector supporters tbc
Memory Cafe	<ul style="list-style-type: none"> • CD & Social Prescribers developing a memory Cafe (for people with Dementia and memory problems to attend with their carers) monthly. • preparation work / training videos, contacting a cohort of patients/carers registered with Dementia at CCP to inform of the Cafe. • Connecting with Barnstaple MC – who has been very supportive and loaned us some items and given us her insight and guidance. • donations of cake / biscuits from local supermarkets, the use of some of the props from Small Pond Productions, The Tyrell Charity shop have also donated history books, postcard picture books etc. The Museum created a photo album. 	<p>This informal setting:</p> <ul style="list-style-type: none"> • provides emotional support • reduces the isolation often felt by people with dementia, their carers and families 	Combe Coastal Practice, Health & Wellbeing Team, One Ilfracombe, Ilfracombe residents.
Eco Walk	<ul style="list-style-type: none"> • Regular and sustainable event to promote being active and to look after the environment. • Will run at different locations around Ilfracombe, i.e. Bicclescombe Park, Capstone Beach, Hele Beach, Harbour Beach, Pier and Lighthouse. • Walking, litter picking, general tidy up of area. Hot drink at the Lantern after with different topics of discussion based around National Landscapes (Was AONB), the importance of recycling and the damage littering causes etc. 	<ul style="list-style-type: none"> • Increase understanding and awareness of environmentally friendly practice • Increase physical activity 	North Devon Plastic Free Surfers against Sewage, National Landscapes, Ilfracombe Residents



Wellbeing Wednesdays

10am - 2:30pm every week
The Lantern - High St - Ilfracombe



Friendly supportive
drop in, have a chat,
meet people & try some of
the activities





Community priorities:

The priorities identified by One South Molton following engagement with South Molton residents and considering the local public health data are:

- To enable individuals and the South Molton Community to improve and promote their own health and well-being.
- To support families and vulnerable members of the community with the effects of the pandemic, including food support
- To work closely with the South Molton Social Prescriber to identify community need and develop projects and support to meet these needs

How One South Molton helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE [CLICK HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
DEVA Quality Mark	<ul style="list-style-type: none"> • Started DEVA Quality Mark work to provide the option of a quality assurance scheme for local groups / organisations (service quality, data management, confidentiality, and training and support for volunteers) 	<ul style="list-style-type: none"> • boost confidence and build trust with the statutory sector • highlight the range of quality VCSE services available that support prevention for the most vulnerable 	DeVAOne South Molton
The Big Draw	<ul style="list-style-type: none"> • Signposted North Devon Arts to Skate Molton. • Organising Risk Assessments to host in pannier market alongside skating. • Check DBS certificate of a community artist. 	<ul style="list-style-type: none"> • transpose lived experiences into creative work (explore the way we personally process the world and internalise our experiences through our senses) • Re-energise the hard-hit arts and culture sector by supporting individual artists and creatives 	North Devon Arts Skate Molton Community Artist
The Big Lunch	<ul style="list-style-type: none"> • Met with Benita Project re hosting a 'big lunch'. • Booked Assembly Rooms for the event. • Passed SMTC grant application form • Advice on Awards for All Funding • Contact with Eden Communities 	<ul style="list-style-type: none"> • provide hot meals, drinks, friendship, and hampers to vulnerable families and individuals in the area 	Benita Project SMTC
Improving Advice and Info	<ul style="list-style-type: none"> • Promotion online/print: 2 Volunteer recruited 2 and in training • Exploring wellness session Pop-up in Library • Linking with social prescribers 	<ul style="list-style-type: none"> • Raise awareness of what is available locally • Increase volunteers • Increase partnership engagement & communications 	LibraryHealth & Wellbeing team (PCN) YMCACAB

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Playpark upgrades	<ul style="list-style-type: none"> • Site Visit • Play first presentation • Admin and comms with companies presenting Tender Documents (4+ Submissions) to council. • 2nd consultation/feedback with relevant community: 2 parent and toddler groups (choice between final design for park). 17x Year 11 students (preferred scheme for callisthenics equipment) 	<ul style="list-style-type: none"> • Touchwood Play (designer) has been chosen by SMTC • Installation intended to be complete by June 2024 	Teddy Bears Baby Group. YMCA (Bumble Buddies Under 5's) South Molton Town Council
Smart swim free swim vouchers	<ul style="list-style-type: none"> • Distributed free swimming vouchers to local groups and schools - in person/online: Several users of different groups took up the offer of a free swim. 	<ul style="list-style-type: none"> • Increase access to sports activities • Increase physical activity 	Bumble buddies, Teddy bears, South Molton Primary schools, age concern.
In development / support	<ul style="list-style-type: none"> • Communications & engagement support • Social media (Smart action CIC) • County Cllr support for transport campaign (bus route connecting SM to Torrington) discuss a death café setup • Small budget available for revamp/improvements. • Engaged local BMX riders and skaters • Further community engagement at Library 	<ul style="list-style-type: none"> • Increased attendance (smart action CIC) • Increased engagement • Increase disability ambassadors • Sign posted people to Age concern, Men's shed and local baby groups • Men's shed will be having a spot in the pannier markets community corner 	Smart action CIC Devon Right to Transport Death Cafe BMX pump track Mens shed Living Options Devon

A new chair for One South Molton - Thank You Alison and welcome Adam

Adam Crispin was unanimously voted in as the new chair for One South Molton after Alison Verney left post to retire from her volunteer duties. It appears that the group will be in great hands as Adam works for Home Instead, is Chair of the Dementia Forum, and leader of the three community Memory Cafes in North Devon, and so is well experienced with community and person-centred work.

We wish you all the best Adam and would like to extend a warm Thank You to Alison for working hard to bring together organisations from multiple sectors to unite them under a common vision, aims and priorities. Thank You and enjoy a well deserved retirement.





Community priorities:

The priorities identified by Torrington 100 following engagement with residents and considering the local public health data are:

- Create a forum that allows all local stakeholders to have a say in the continuing development of their community, related to wellbeing involving: Residents and the public, voluntary, community & private sectors
- Be part of the wider Devon Integrated Care System (ICS) and in particular One Northern Devon
- Build Community Capacity by delivering sustainable activities, projects and services to meet peoples' needs.
- Improve wellbeing (Individual and Community) and build a sense of community (belonging)

How T100 helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE [CLICK HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Great Torrington Community & Volunteering Fayre	<ul style="list-style-type: none"> • Fayre @ The Plough Arts Centre, bringing together key local organisations /groups • Setting up a booking system • Marketing & engagement (community need) • Evaluation 	<ul style="list-style-type: none"> • raise awareness of what is available to the local community in terms of groups, activities and volunteering opportunities 	The Plough Arts Centre, Community organisations and groups, local residents
Winter Community Events. Cost of Living/Mental Health & Wellbeing	<ul style="list-style-type: none"> • 'Bite Size' Information stands and presentations in prominent places around the town (money saving ideas, staying warm and well) • Community engagement • Ongoing throughout the Winter months • Group bookings being made for Energy advice 	<ul style="list-style-type: none"> • raise awareness of what services and help are available to the local community 	Devon CarersSouthWest WaterEnergy Outreach ProjectBefriending SchemeLibraries UnlimitedCommunity Development Trust
Chatty Cafes/Shared Tables	<ul style="list-style-type: none"> • Engaging local businesses and residents • Supporting local businesses in finding what works • Identifying social spaces for people to meet 	<ul style="list-style-type: none"> • Raise awareness of social spaces • Prevent loneliness and social isolation • Sense of belonging • Connecting local people 	Local Cafes and community spaces.Local community.
Creative Lives 'Knowing Your Neighbourhood (for those at risk of social isolation and may not usually take up a creative pursuit)	<ul style="list-style-type: none"> • Planning Walking Photography Course incorporating 'Tourist in your own Town', exploring and photographing the local area • Planning for a series of skill-share creative craft activities, knitting, crochet, pom pom craft • Looking at ways to make these activities sustainable once the short courses have come to an end 	<ul style="list-style-type: none"> • include the younger adult demographic who may be socially isolated • Increase volunteer Skill sharing • Increase creative activities • reduce loneliness and social isolation • Create sustainability by linking attendees with existing groups or encouraging the group to become self sustaining 	Local Residents. Volunteers, Local Artists, Community Groups, Local Businesses
Continuing	<ul style="list-style-type: none"> • Death Cafe - supported local residents to set up now taking place on a monthly basis - Encouraging conversations about mortality, expressing wishes and opening up discussion with tea and cake in a relaxed and safe environment.Volunteer recruitment - 4 new befriending volunteers signed upEngagement - Reassessing community priorities - survey and infographic 		
Developing	<ul style="list-style-type: none"> • Information Hub - Preventing loneliness and social isolation, increase sense of belonging, Connecting local people, Increase volunteering)Food Hub - prevent food waste, cost-of-living support'Changing Places' facilities (local need) - increase footfall, support those with disabilities/additional needs (regeneration board)Youth engagement and funding bidsUpdating directory of services via local 'the Crier' publication / TTVSGardening ClubFern centre - Funding bid for complementary Therapist for 6 monthsMemory cafe - promotion and fundingPop-up repair cafe with Library warm space 		

GREAT TORRINGTON COMMUNITY & VOLUNTEERING FAYRE

GET INVOLVED IN YOUR COMMUNITY!
MONDAY 15TH APRIL 2024
4-7PM

COME ALONG AND FIND OUT
ABOUT GROUPS, ACTIVITIES
AND VOLUNTEERING
OPPORTUNITIES IN THE AREA

COMPLETE A QUICK SURVEY ON THE DAY TO BE
IN WITH A CHANCE TO **WIN CINEMA TICKETS
FOR TWO** AT THE PLOUGH ARTS CENTRE.

FREE ENTRY
FREE REFRESHMENTS

TTV5

The Plough Arts Centre
9-11 Fore St, Great Torrington
EX38 8HQ

the plough
ARTS CENTRE

