

Place programme FEBRUARY 2024

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Reports from the One Communities

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One Atlantic
One Barnstaple
Torrington 100
Holsworthy & District Community Forum
Live Well in Braunton
One South Molton

One Community and Community Developer employer logos



EXECUTIVE SUMMARY PLACE PROGRAMME

For Board Attention & Discussion

Key successes

Creating a Northern Devon Inclusive Community framework

The Community Developers, OND Flow staff and Encompass Southwest are working together to create a trauma-informed framework to support populations across Northern Devon that are often marginalised due to discrimination, stigma and lack of understanding.

Current engagement work is exploring how our communities view people with complex needs, what is going well (areas of good practice)?, what is needed and what could be improved? and how we can reach people who are 'hard to reach' to involve them in co-design.

The project started with complex needs and has expanded to become a general inclusive framework that celebrates diversity and aims to support the integration of all within our communities.

Sharing power with communities

There is a growing emphasis on promoting community involvement rather than relying solely on traditional forms of community engagement. This shift reflects a desire to empower individuals within communities, foster inclusivity, and create more sustainable and impactful outcomes.

By taking a community development approach, the CDs actively work to engage with community members with lived experience, alongside organisations with experience of supporting individuals, to co-design initiatives. One recent example was when £60,000 was given to South Molton Town Council from North Devon Council for the acquisition and installation of play equipment in Central Park. By partnering with One South Molton the council were able to work closely with the Community Developers to increase community involvement in the selection of equipment to meet their needs and the setup of a 'Friends of Park' group to ensure the community has greater ownership over the new play area beyond the initial engagement activities.

This is just one example and the other One Communities work also demonstrates that genuine involvement from community members leads to more effective solutions and greater ownership of community initiatives.

Key challenges

Community Development Funding

This remains our key challenge. If no further funding is secured One Northern Devon would be unable to support the long-established place-based partnerships (a core OND programme), that have taken a long time to develop and embed (since 2013). Five of seven One Community partnerships would be without Community Development Officer support which may adversely affect the communities, residents, organisations and groups who are associated with each One community.

We are still waiting for confirmation from the Integrated Care Board regarding potential OND LCP 24/25 funding but are preparing an application with the intention to secure part of this proposed funding to enable match funding for the NDVS/TTVS Community Lottery bid, alongside extending the funded Community Developer contracts till the end of April 2024 to fill the forecast gap between Community Lottery funding starting and current contracts ending.

Creating a One Community Evaluation framework

Our current way of reporting reflects the outputs and, often unmeasured, outcomes as reported by the One Communities. This way of reporting could negatively impact future funding bids due to a lack of evidence of process / outcomes and may be impacting our ability to properly learn / develop OC's effectively.

The University of Exeter are commissioned to complete an initial analysis of past OND OC project evaluations and place reports to help us better understand current impact. Internally we are also creating a logic model, to act as an evaluation framework, based on feedback from OND Board members, the OND One Community group and CDs. The University of Exeter's Public Health school is also interested in becoming an external evaluation partner and we will be exploring this opportunity. However, funding will continue to be a barrier for this at this moment in time.

OC RISKS, ISSUES, REQUESTS

*Risk score /25 = Likelihood (/5) x Impact (/5)



HIGH RISK



MEDIUM RISK



LOW RISK

Risk	Potential Impact	Current Mitigation	Score /25
<p>Community Development Officers (CDO)</p> <ul style="list-style-type: none"> Funding posts only funded till end of March 2024 (Live Well In Braunton Community Lottery funded CDO post until end of March 2025). 	<p>If no further funding is secured:</p> <ul style="list-style-type: none"> One Community place-partnerships would be without staff CDO support One Northern Devon: would be unable to support the long-established place-based partnerships (a core OND programme). These have taken a long time to develop and embed (since 2013) Communities, residents, organisations and groups would lack CDO support Staff: All funded CDO posts will have to end by end of March 2024 (on fixed-term contracts) 	<p>24/25 mitigations</p> <ul style="list-style-type: none"> Once available, OND will apply for LCP 24/25 funding NDVS and TTVS are leading on a Community Lottery Application - in discussion with District Councils re: match funding 	<p style="text-align: center;">20</p>
<p>OND Board request - Seeking match/interim funding from partners</p>			
<p>OC/CD Evaluation: Lack of One Community Evaluation - currently this report only reflects reported outputs and, often unmeasured, outcomes</p>	<ul style="list-style-type: none"> Could negatively impact future funding bids (lack of evidence of process / outcomes) May be impacting our ability to learn / develop OC's effectively 	<ul style="list-style-type: none"> University of Exeter are completing an analysis of past project evaluations and place reports Creating a logic model (evaluation framework) based on feedback from OND Board, OND One Community group and CDs. University of Exeter's SPHERE costed full external evaluation at £80k (requires funding) OND Impact reporting could also consider Community-level measures 	<p style="text-align: center;">15</p>
<p>OND Board & OC request - Please feedback any:</p> <ul style="list-style-type: none"> outcome measures your organisation/group currently uses to measure 'community work and collaborative partnerships' 			
<p>LCP Community development & learning steering group - Lack of member representation</p>	<p>Unable to effectively collaborate to deliver the joint forward plan and act as a OC steering group</p>	<ul style="list-style-type: none"> Invite the OND/LCP Board to join monthly group to help set direction 	<p style="text-align: center;">15</p>
<p>OND Board request - Please can you nominate a representative from your organisation to join the steering group</p>			

CD WORKPLAN STATUS

The following outlines the work requirements of the Community Development Officers and the work submitted to One Northern Devon for sharing with the board.

● NOT SHARED
 ● IN DEVELOPMENT/UNDER REVIEW
 ● COMPLETED

ACTIVITIES SHARED WITH OND		OB	OSM	LWIB	OI	OA	T100	H&DCF
GOVERNANCE / ADMIN	OC FORUM SETUP							
	ONLINE COMMUNITY PLATFORM							
	LIST OF OC MEMBERS							
	OC TERMS OF REFERENCE							
COMMUNICATIONS	OC FORUM MINUTES AND ACTIONS							
COMMUNITY ACTION PLAN	MAP COMMUNITY ASSETS (STRENGTHS)							
	AGREE LOCAL PRIORITIES							
	THEORY OF CHANGE / LOGIC MODEL							
TAKE COLLECTIVE ACTION	COMMUNITY PROJECTS (OUTPUTS/OUTCOMES)	SEE 'OND PLACE REPORT'						

One Communities

Outcomes & Outputs

Dec 2023-Jan 2024

Reported outputs and outcomes

One Ilfracombe

One Atlantic

One Barnstaple

Torrington 100

Holsworthy & District Community Forum

Live Well in Braunton

One South Molton

One Community and Community Developer employer logos



Creating a Northern Devon Inclusive Community framework

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The project started with complex needs and has expanded to become a general inclusive framework that celebrates diversity and aims to support the integration of all within our communities.



HOLSWORTHY & DISTRICT COMMUNITY FORUM



CD Host Employer



Chair: Geoff Cusick (Resident)
Community Developer: Alison Skinner



Community priorities:

- Loneliness & isolation
- Young People
- Healthier Lifestyles
- Travel & Transport
- Unpaid Carers
- Services in your home
- Fuel Poverty
- Mental Health
- Climate change & 'green' initiatives

How H&DCF helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Mental wellbeing for farmers & suicide prevention in the rural community	<ul style="list-style-type: none"> • establish easy access to basic MH support for farmers & suicide prevention in the rural community. • Design & produce information cards with MH/Crisis support information for distribution Provide basic MH training for all those coming into regular contact with farmers (delivery drivers, drovers, etc). • Seeking a grant to cover costs and enable the project aims to be widened. 	<ul style="list-style-type: none"> • Reduce suicides in the farming community • Improve access to MH services 	Plymouth & Exeter Methodist District (Andy Jerrard, Rural Support Worker), TTVS, PCN, Kivells, Market Cafe, Market Chaplaincy Team, Grief Specialists
Stroke Support Group	<ul style="list-style-type: none"> • Volunteer-led peer support group providing localised support - established and well attended • Venue secured • PCN Wellbeing Lead identifying patients and CD advertise locally/on social media 	<ul style="list-style-type: none"> • Increased awareness of support available for stroke victims • Improved wellbeing • reduce loneliness - new friends • Increase local support - peer group • Effective publicity coordinated by a volunteer with lived MH experience 	Stroke Association, TTVS, PCN Wellbeing Lead, Kings Arms
Odd Jobs: 'Support at Home'	<ul style="list-style-type: none"> • Volunteer led 'odd-job' help • Extending provision to cover basic gardening tasks - launch Spring 2024 - Request from Social Prescribers to include gardening as part of the provision 	<ul style="list-style-type: none"> • Enabling lone elderly residents to stay in their own homes via volunteer support • Increase affordable provision for low income households (state pension not currently sufficient) • Develop trusted service (often nervous about having tradesmen in their homes) 	TTVSRuby Country PCN Social PrescribersHolsworthy Men's Shed & Youth Centre
Lets Cook club Learn to Cook healthy meals on a Budget	<ul style="list-style-type: none"> • Course due to run in February. • Learners will be provided with a £50 set of cookery equipment (purchased with a Cost of Living grant) 	<ul style="list-style-type: none"> • acquire basic cookery skills • enthused and equipped to carry on cooking healthy meals at home, utilising low cost ingredients (from the Food Hub, Community Fridge, etc) 	HDCF TTVS Dartmoor MAT Hols Primary ROC



How H&DCF helped the community, continued...

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Holsworthy Food Hub	<ul style="list-style-type: none"> • 130 members • Up to 57 bags of food per week. • offering low cost food to help low income families stretch their budgets • just sold our 1000th bag, putting an estimated £10,000 worth of food back into the local community with zero waste (anything leftover goes to the Community Fridge). • The CiC have just been successful in receiving an Awards for All grant which will guarantee the viability of the project for the next 2-3 years 	<ul style="list-style-type: none"> • Members are confident in the provision and enjoy the welcome they receive • The original group of volunteers work extremely well together - we have a waiting list of volunteers! • chosen by the charity <i>Fareshare</i> for a recent case study and national publicity 	DMAT Live West Tressell Trust HDCF TTVS
Holsworthy volunteering hub	<ul style="list-style-type: none"> • In foyer of the Memorial Hall • new signage 	<ul style="list-style-type: none"> • Footfall has increased substantially, as well as positive engagement with members of the community. • Increased volunteer recruitments 	Holsworthy Memorial Hal TTVS
Affordable leisure activities for recognised Carers in the community	<ul style="list-style-type: none"> • Partners identify local carers • TTVS grant providers • fun activities at a time when they can be available - creative projects, Tai Chi, Sound Bath and singing/drama tutor who has volunteered services 	<ul style="list-style-type: none"> • improve physical and mental wellbeing • enabling them to establish friendships with peers, reducing social isolation • Improve access to wellbeing activities (barriers due to carer duties and affordability) 	Devon Carers and local providers/tutors

Community priorities:

Live Well in Braunton is a community resource helping people to live healthier and happier lives. Our priorities are:

- Make the village more connected
- Build social equity
- Support existing projects
- Identify gaps and coordinate respective projects
- Support social prescribing



How LWIB helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Community Garden	<ul style="list-style-type: none"> • Researching locations and evaluating feasibility • Grant applied and received to create plot & free sessions for young people and patients. • Engage schools and residents to discuss best use, incl. enablers & barriers to access (Open Community Garden Meeting) • Attending partnership agreement meeting to finalise details and contract 	<ul style="list-style-type: none"> • reduce isolation • improved health 	Live Well in Braunton, Braunton Academy, Plastic Fee North Devon, Braunton Countryside Centre, Gardeners Co, Braunton Parish Council, Ask for Jake, Residents, Social prescribers
Postcards of Cheer	<ul style="list-style-type: none"> • 10 Volunteers recruited to send postcards to • Patients fortnightly/monthly -Discussing recruitment of volunteers via Creative Writing group • Social Prescriber referrals - referral form and procedures with Volunteer Coordinator 	Awaiting referrals <ul style="list-style-type: none"> • Increased sense of connection to community 	Live Well in Braunton Braunton Library Caen Medical Centre Braunton Library
Wellbeing Walk	<ul style="list-style-type: none"> • Agreed that BCC would fund until November 24 - Sourcing additional funding/hosting partner • partners attend walk to give informal chats (energy 361, Men's Shed) • 18 walks completed, 19 scheduled • Attendance 8-22. • Advertise for volunteer - 5 volunteers recruited- hosted with BCC - 2 have trained as Community Ambassadors 	<ul style="list-style-type: none"> • Increased mobility, confidence, and strength. • Several signposted to additional services, support and groups 	Braunton Countryside Centre Live Well in Braunton Caen Medical Centre

Walker A- feels part of something for first time. Lost confidence due to messy divorce & having had cancer and now feels able to apply for part time work.



Walker B- started at back of group, bent over, using stick, only walked to shop. Now at front, still has stick but upright, walks most days at least for an hour. Just had to get rid of car as can't afford it, rather than feel isolated stated that this will make me walk everywhere and keep me going.



How LWIB helped the community, continued...

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Youth Work	<ul style="list-style-type: none"> Youth First Aid course - March. Budgeting skills-Trainer YP Crochet group trial at Braunton Library 9 attended 1st / 6 already booked onto 2nd Braunton Countryside Centre linked to Youth Club to offer talks and art sessions Set up activities and life skill sessions to increase provision for young people and help to reduce negative interpretation of youth and anti-social behaviour. Help BPC to get voice of young people about Playground equip. Create a Youth Forum/Voice Connect Youth Club / School Council / Council Support BPC Playground engagement to amplify community voice 	<ul style="list-style-type: none"> Increased participation of young people and awareness of LWIB and how they can have a voice. Set up activities and life skill sessions to increase provision for young people and help to reduce negative interpretation of youth and anti-social behaviour. Help BPC to capture voice of young people (Playground equip) 	Braunton Countryside Centre Live Well in Braunton Braunton Academy Braunton Library Navigate
Information sessions	<ul style="list-style-type: none"> Braunton Community forum- relaunched F2F Discuss with local groups, help advertise. Ageing Well joint event with Age Concern 2nd Community Soup fundraiser 	<ul style="list-style-type: none"> Increase awareness of / access to support/groups Increased confidence and less isolation Tyspane Care Home has contacted 45 groups in our directory 	



I'm enjoying that Braunton is offering more activities, and the directory has helped me access clubs locally which I was not even aware of.



Community priorities forming:

- Young Adults (17-25) Community Support Group
- Isolated Population
- Adult Mental Health
- LGBTQ+ Support
- Unpaid Carers



How One Atlantic helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE [CLICK HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Creative Community	<ul style="list-style-type: none"> • Funding in place • Creative projects to be considered that meet community needs • Linking in with Carers Community Project • Create 12 month partnership programme • Survey to identify carers barriers to participation • Survey to identify creative ideas (Carers) 	<ul style="list-style-type: none"> • Build and develop resilient and sustainable community groups • reduce isolation and loneliness • Increase skills • Connect marginalised / rural communities together • Crisis prevention 	local business and community groups. Creative Minds Libraries unlimited Devon Carers Active Devon Skern Lodge
Carers Activities (part of Carers Community Project)	<ul style="list-style-type: none"> • Collaborative meeting for Activities involving adult carers in Torridge • Survey to identify activities • Creating a 12 month programme of events. • Applying for funding 	<ul style="list-style-type: none"> • Increase activities in rural areas • Create strong resilient communities • Improve wellbeing • Crisis prevention & support 	Active Devon, Devon Carers, Skern lodge Carers. Local groups organisations
Ti Chi & Meditation for social housing residents	<ul style="list-style-type: none"> • Need identified to increase participation • Tutor expanding classes into Bideford offering a different activity on a rotational basis. • Suitable venue within a social housing setting with a diverse range of ages and residents 	<ul style="list-style-type: none"> • learn new skills • reduce isolation and loneliness. • Encourage stronger community resilience • Crisis prevention & support 	Tai Chi Tutor Westward Housing TTVS
Carers Lunches	<ul style="list-style-type: none"> • Slow uptake on the lunches – possibly due to the time of year launched. Other venues to be considered. • Lunches format to be flexible to fit in with Devon Carers & Community Care Project. As per Feedback from Carers Group meeting. 	<ul style="list-style-type: none"> • Crisis prevention & support • Reduce loneliness & isolation 	Local Business TDC Devon Carers
Chatty Café's/warm sharing spaces	<ul style="list-style-type: none"> • Researching into most effective means of delivery • light bites/soup • Reach target audience. (must have Carers Passport to qualify) 	<ul style="list-style-type: none"> • Prevent isolation & loneliness • Improve wellbeing • Build stronger resilient community & support 	Local business Torridge District Council



8 key priorities (see our Community Action Plan)

- Ensure funding and future planning to sustain One Barnstaple
- Create a Mental Health Network
- Create a Volunteer Bank
- Connect the community through events and activities
- Create a (physical) Community Hub
- Coordinated communications and media across the community
- Create a Community Food Network
- Create a Virtual Hub for collaborative working

**Chair: Jane Petch (Libraries Unlimited)
Community Developer: Ella McCann & Rosie Mahoney**



How One Barnstaple helped the community

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PROJECT	OUTPUTS	OUTCOMES	PARTNERS
<p>Wellbeing Wednesdays with Barnstaple Library</p>	<ul style="list-style-type: none"> • weekly sessions from 3rd January, first Wednesday of each month joins with Elder Day (Age Concern) • community groups, services and organisations apply to attend • Barnstaple Library serving soup during January (+ selected Feb/March) after the café sessions • two sessions of subsidised Chair Yoga (optional £3 donation): 7-21 attendees (chronic health/weather affects attendance) • NDVS contribute to refreshments • BTC received funding for sessions • The Wednesday Wanderers continue to walk the town on a Wednesday afternoon 	<ul style="list-style-type: none"> • Reduced social isolation • Increased physical activity • improved communication and a sense of community 	<p>Age concern, Barnstaple Library, NDVS, Barnstaple Town Council, multiple activity / service providers</p>
<p>Monthly Community Café @ The Shambles (first Wednesday of each month)</p>	<ul style="list-style-type: none"> • 10-20 attendees • TAW U3A attend each session, in February: Library/ Fire service • volunteer from Age Concern (advice, signposting and assistance in navigating the town) • Funding secured through the Growing Communities fund (soup / refreshments) 	<ul style="list-style-type: none"> • created a lovely network of pit stops for some of our community members • Relationships, improved communication and a sense of community 	<p>Barnstaple Town Council, Age Concern and Taw U3A</p>
<p>Food For Thought</p>	<ul style="list-style-type: none"> • first Barnstaple Youth Session to co-create and participate in the project • activities in February with guest cooks, producers and foodies being invited into the youth centres to chat with the young people and give some demos or cook up something delicious together 	<ul style="list-style-type: none"> • aligns with the OB Community Food Network, and Youth Network. 	<p>Devon Community Foundation, Space Youth Services and Barnstaple Town Council</p>
<p>Meet and Eat Mondays @ The Shambles</p>	<ul style="list-style-type: none"> • new pilot network / meeting / workshop sessions • followed by soup and Camerados Pop Up Public Living Room • Funding for furniture and resources are being applied for 	<ul style="list-style-type: none"> • provided space and time for community members to connect with no agenda, enjoy time together and support each other 	<p>Barnstaple Town Council, Camerados</p>
<p>Repair Café</p>	<ul style="list-style-type: none"> • Monthly sessions on the 3rd Saturday of each month • fixing and mending with activities and special events in The Shambles, moving to Barnstaple Library Foyer (Feb) Pannier Market (summer) • Suggested additional activities for these sessions include Yarn Swap, Clothes Swaps, Plant Surgery, Seed Swap, Composting Consultancy, Seed Bomb Workshops, Recycled material crafting, sewing (bunting for the café and community events) and much more. 	<ul style="list-style-type: none"> • Reduce waste • Reduce social isolation 	<p>Plastic Free North Devon, Barnstaple Town Council staff and Town Councillors</p>



8 key priorities (see our Community Action Plan)

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**Chair: Jane Petch (Libraries Unlimited)
Community Developer: Ella McCann & Rosie Mahoney**



How One Barnstaple helped the community

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PROJECT	OUTPUTS	OUTCOMES	PARTNERS
T-Level students	<ul style="list-style-type: none"> • T-level students are: • designing a virtual tour of the Guildhall • Supporting community sessions, coordinating rota / admin 	<ul style="list-style-type: none"> • Increased focus on feedback • measuring impact of community activities • understanding what matters to the community 	Petroc BTC
Youth Network	<ul style="list-style-type: none"> • Exploring scope to connect Councillors and PTC student projects • Park School pupil engagement • Member interest to introduce youth sessions in the Pannier Market. 	<ul style="list-style-type: none"> • positive conversations and make great connections • communication and support catalyst for ideas and collaborative action • Empower students, amplify voices, and directly involve them from the start. • Create safe spaces, to take part in an activity/hangout • Improve access via signposting 	Youth Network members Petroc student union Park School Flourishing Barnstaple Team Skate Molton
Links with Barnstaple Regeneration Board, Cultural Development Fund/Flourishing Barnstaple, One Northern Devon and Northern Devon Futures.	<ul style="list-style-type: none"> • We continue to attend meetings and foster a joined up working approach with various boards and teams to benefit the town. • Feeding information through to strategic boards is now documented in 'Network Summary Sheets' from each network facilitator (also uploaded to OBs Website and accessible to the whole community to increase communication and reach in time) • The Barnstaple Regeneration Board and Cultural Development Fund project team (Flourishing Barnstaple) are discussing best ways to work collaboratively together as things develop in the coming months for the town. • Northern Devon Futures and One Northern Devon are forming their plans and next steps which One Barnstaple has been connected into. 		
One Barnstaple @the shambles	<ul style="list-style-type: none"> • We have been making regular use of the space for Network meetings and events. • Showing what's happening in the room when a network is taking place appears to be both attracting attention whilst explaining to the community what we are doing/what One Barnstaple is involved in. At present this is mainly through a temporary "room divider" which we use as a notice board and use of posters to advertise the networks. • Having been in the space on a regular basis, people have popped in for a cuppa and chat and found it to be a safe space when they've needed to stop and catch a breath. • The family craft sessions, Camerado Public Living Rooms and community café sessions have all helped to open up the doors to our community members who now look in with a smile and wave and find real benefit in having time in the space with us. • Other services have also been hiring the space for group and drop in sessions. • The Shambles will be out of action from 12th February until 20th June as works are undertaken to the outside of Barnstaple Guildhall. 		

Community priorities:

The priorities identified by One Ilfracombe following engagement with Ilfracombe residents and considering the local public health data are:

- Increasing life expectancy
- Enabling older people to remain independent longer
- Helping our young people to reach their potential
- Increased growth of local business
- More Ilfracombe residents in work
- Improving town image
- More residents feeling proud



How One Ilfracombe helped the community

THIS IS A SNAPSHOT OF THIS MONTHS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Cardiac Rehab phase 4 Project	<ul style="list-style-type: none"> • Project funded and steer by Cardiac Clinic NDDH • Engaging with community groups • talks with expertise that have delivered this kind of project • Planning the pathway to the project • Training staff to deliver exercise session for Rehab and Prehab patients • Identifying full cohort of people who will be targeted as part of this project. 	<ul style="list-style-type: none"> • Work with our partners • Working with experts • User lead/co production development of the project. • Preventative work. 	Cardiac Clinic NDDH Combe Coastal Practice. Health & Wellbeing Team. One Ilfracombe. Ilfracombe residents.
Wellbeing Wednesday	<ul style="list-style-type: none"> • Need identified by the Health & Wellbeing Team based on their work with the community. • Close talk with the Community Developers at Barnstaple Town Council who are delivering a similar project. • Consulting members of the community on the activities they will engage in more. • Based around the five areas of Wellbeing • Connect with other organizations • Timetable of activities etc. 	<ul style="list-style-type: none"> • Hub where people can meet others, learn and do an activity on a regular basis. • Based on the five areas of wellbeing (connect, keep learning, give, take notice, be active). • Help combating loneliness/isolation. 	Health & Wellbeing Team. One Ilfracombe. Ilfracombe Residents. One Barnstaple
Belle's Place	<ul style="list-style-type: none"> • Event planning – Belle's & Whistles fundraiser • Prom Shop to support Ilfracombe Academy students to get free/reduced promwear • Uniform pop-up shop • Funding applications 	<ul style="list-style-type: none"> • Community engagement • Venue for Uniform Pop-up shop • Storage room • Save the date literature. 	Ilfracombe Town Council. One Ilfracombe. Ilfracombe residents
Community Pantry Trial (Swap Shop)	<ul style="list-style-type: none"> • Engage community groups (i.e. Men's shed) to support. • Source venue • Promote 	<ul style="list-style-type: none"> • To help with the cost of food / food waste. • Empower residents to use and look after. • Giving back to the community. 	Health & Wellbeing Team. One Ilfracombe. Ilfracombe Town Council. Ilfracombe residents



Community priorities:

The priorities identified by One South Molton following engagement with South Molton residents and considering the local public health data are:

- To enable individuals and the South Molton Community to improve and promote their own health and well-being.
- To support families and vulnerable members of the community with the effects of the pandemic, including food support
- To work closely with the South Molton Social Prescriber to identify community need and develop projects and support to meet these needs

How One South Molton helped the community

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PROJECT	OUTPUTS	OUTCOMES	PARTNERS
South Molton Gets Together	<ul style="list-style-type: none"> • Booked 60 local organisations • Promotion - approx 200 attended • SM United Junior School sang for us. • Linked Benita project and coop funeral care to run a death café • funding for arts activities. • Organising music and refreshments • Set up art workshop (10 attendees) – lino cutting for production of “One South Molton” banner for Amory Centre. 	<p>Increase collaboration and cooperation between groups and wider community Feedback incl:</p> <ul style="list-style-type: none"> • Enjoyment • Increased connection with the community/groups • Improved access via information 	<p>SM Town Council 60 local organisations attended – from Age Concern to the Wildlife Hotel to the Exmoor Archers, plus SM-based ones such as Rotary, the YMCA, the Community Garden</p>
Project Play Park	<ul style="list-style-type: none"> • Engaged & involved community • Writing Proposal Documents for Tendering • 3 x Companies drawing up plans. Tenders to be returned mid feb • Meeting wth 3x Contractors. 	<ul style="list-style-type: none"> • (Residents) Friends of Park group setup • Increased community involvement 	<p>SMTC, Sutcliffe Play, Touchwood Play, Redlands Leisure, residents</p>
Citizens Advice Service	<ul style="list-style-type: none"> • Working with SMTC to negotiate local service provision • Publishing Recruitment info 	<ul style="list-style-type: none"> • Increase access to Citizen advice service 	<p>SMTC Citizens Advice Rural Communities Officer</p>
Rural Outreach to Chulmleigh	<ul style="list-style-type: none"> • Organising 	<ul style="list-style-type: none"> • Advice Given re housing emergencies 	<p>Community Police</p>
Library Pop Up	<ul style="list-style-type: none"> • Organising dates and Resources 		<p>South Molton Library</p>
Growing Communities Free Swimming Sessions	<ul style="list-style-type: none"> • Promoting availability of Vouchers to Schools and Community Groups.EA/VH/AV (advising) 	<ul style="list-style-type: none"> • Increase access to health activities 	<p>SMART Swimming</p>
Supporting local organisations/groups	<ul style="list-style-type: none"> • Providing advice on supporting vulnerable residents and improving organisational governance, process & funding: Local police, Town Council, Benita Project, Bumble Buddies, Vista Wellbeing & Community woodland 	<ul style="list-style-type: none"> • Increased organisational resilience 	<p>Lorna Jones Funding</p>



Community priorities:

The priorities identified by Torrington 100 following engagement with residents and considering the local public health data are:

- Create a forum that allows all local stakeholders to have a say in the continuing development of their community, related to wellbeing involving: Residents and the public, voluntary, community & private sectors
- Be part of the wider Devon Integrated Care System (ICS) and in particular One Northern Devon
- Build Community Capacity by delivering sustainable activities, projects and services to meet peoples' needs.
- Improve wellbeing (Individual and Community) and build a sense of community (belonging)

How T100 helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Community Engagement - Volunteering	<ul style="list-style-type: none"> • volunteer recruitment event (October 23) • 4 new volunteers signed up, others interested 	<ul style="list-style-type: none"> • Preventing loneliness and social isolation • Increase Sense of belonging • Connecting local people 	Befriending Project Co-ordinator
Winter Community Events. Cost of Living/Mental Health & Wellbeing	<ul style="list-style-type: none"> • Bitesize Information stands in prominent places around town (money saving, staying warm and well) • Community Engagement with local key agencies/groups 	<ul style="list-style-type: none"> • Community Engagement • raise awareness of what is available to the local community • Keeping active and engaged in the Community 	Financial Inclusion 361 Energy CIC Cosy Devon Wiser Money Foodbank Talkworks Active Devon Libraries Unlimited Community Development Trust
Chatty Cafes/Shared Tables	<ul style="list-style-type: none"> • Engaging local businesses and community members to identify social spaces and activities for people during the Winter and beyond • Comms to raise awareness of social spaces for isolated individuals 	<ul style="list-style-type: none"> • Preventing loneliness and social isolation • Increase sense of belonging • Connecting local people 	Local Cafes and community spaces. Local community.
Proposal: Food Project	<ul style="list-style-type: none"> • Proposed Food Hub: • Looking at suitable venues and logistics. • Potential for future meeting space, food related activities, meal ideas etc. 	<ul style="list-style-type: none"> • Reduced food waste. • Cost of Living help for families 	Livewest. Local community organisations and members.
Creative Lives 'Knowing Your Neighbourhood'	<ul style="list-style-type: none"> • Collating ideas with other Torrington CDs to contribute to the bid • planning creative based projects and activities • Aim for 50+ new participants across Torrington 	<ul style="list-style-type: none"> • Create sustainability by linking attendees with existing groups and encouraging groups to become self sustaining • Increase creative activities • reduce loneliness and social isolation 	Local Residents Local Artists Community Groups Local Businesses
Death Cafe	<ul style="list-style-type: none"> • Pop up Death Cafe (December 23) Supporting local resident to set up Death Cafe meet up. by encouraging conversations about mortality, expressing wishes and opening up discussion with tea and cake in a relaxed and safe environment. 	<ul style="list-style-type: none"> • Improved well being / reduced anxiety 	Local residents Death cafe

How T100 helped the community, continued...

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Proposal: Community Survey of priority of needs	<ul style="list-style-type: none"> • Proposal: Short survey asking T100 members and local community for their top 3 priorities • Priorities infographic 	<ul style="list-style-type: none"> • obtain the voice of the Local Community to gauge main concerns/priority areas. • Local residents to feel a part of the Community, to have their say and to guide the CD work plan. 	T100 Members Local Community Members Torrington Town Crier
Torrington Regeneration Committee 'Changing Places' facilities.	<ul style="list-style-type: none"> • Need identified by Regeneration committee - no 'Changing Places' for people with disabilities/additional needs • Torrington Town Council to identify potential, what's currently available and what can be done • Present to the Regeneration Board when fact finding complete. 	<ul style="list-style-type: none"> • Increase footfall to the town and increase accessibility/inclusivity. 	Torrington Town Council. Regeneration Board.
Funding Youth Work/Engagement	<ul style="list-style-type: none"> • Identified as a T100 priority • Torri Youth advertising for a Voluntary Financial Supporter. • Support offered with grant funding applications and other areas. 	<ul style="list-style-type: none"> • TTVS and CD are supporting bid writing 	Torri Youth, TTVS
Directory/whats on	<ul style="list-style-type: none"> • raised as a priority at T100 • working with 'The Crier' to Promote 'What's On' facility to local groups, find out what groups are still running post Covid • TTVS to include copy free of charge (and all Charities/Not for Profit organisations). 	<ul style="list-style-type: none"> • Increase community Cohesion • Increase awareness of Services 	The Crier, TTVS
Torrington Town Council	<ul style="list-style-type: none"> • Update website/ inform community work • Share whats on • Dementia Friendly working group • TTVS volunteer supporting projects: materials for International Mens Day 	<ul style="list-style-type: none"> • Increase awareness/access to local groups to support wellbeing 	Torrington Town Council, TTVS
Supporting local groups / organiations	<ul style="list-style-type: none"> • Flyers/updating website information (Memory Cafe Torrington) • Gardening club: securing grants • Repair Cafe: prospecting • Taddiport Ladies Co-operative: Setting up carers activites • Coastal Path Connectors: exploring potential partnership work • Town & Community hall: social media, funding and promotion • CDT Climate changing rooms: volunteer recruitment, funding, incl. climate anxiety focus • Active Devon: walking football for over 50's and park Yoga 		