

Place programme

AUGUST 2023

Executive summary

Key successes

Key challenges

Reports from the One Communities

One Ilfracombe

One Atlantic

One Barnstaple

Torrington 100

Holsworthy & District Community Forum

Live Well in Braunton

One South Molton

One Community support & development

Risks and mitigations

OC Developments: system and OC requests

One Community and Community Developer employer logos



EXECUTIVE SUMMARY PLACE PROGRAMME

For Board Attention & Discussion

Key successes

Community developer funding (and employer) secured until April 2024

1. Barnstaple Town Council's finance committee have accepted a proposal to fund the One Barnstaple Community Developer post until March 2024. Councillors agreed to embed the post within the Town Council until March 2024. Any employment extension will be decided by Barnstaple Town Council later in 2023.
2. The Northern Local Care Partnership agreed to fund all remaining unfunded Community Development Officer posts to extend contracts until the end of March 2024.

Thanks also, to our past 23/24 contributors - IBCF (part of Community Flow), Encompasses South West (part of their High Flow Community Lottery funded project) and DCC Public Health.

Community-based participatory research

Project manager and funder, Devon Community Foundation (DCF), has been working closely with The Community Developers from One Barnstaple, One Atlantic and Holsworthy & District Community Forum (H&DCF) to organise and facilitate a community-based participatory research project that investigated 'Bridging the gap between food producers and people facing food difficulties'. The findings will help inform local OC action and will also feed into the Devon Food Partnership via the Devon food insecurity task group, that brings together organisations and individuals with a strategic interest in both tackling and preventing food insecurity.

Led by Ella McCann (One Barnstaple Community Developer) and DCF, supported by Alison Skinner (H&DCF) and Lizzie Bauer (One Atlantic), young people were taken on a trip to Blackberry Farm, attended cookery sessions at a local youth club (SPACE youth services) and members of the public took part in 'community conversations' at St Johns Community centre in Barnstaple.

A Phase 2 bid is being prepared by DCF and if successful, it is proposed to expand the current project and work more with young people across Northern Devon (see next page for full details).

Key challenges

Community Developer Funding 2024/25 and beyond

The current 'drip-funding' model hinders long-term planning and creates insecurity for the Community Development workforce/host employers. Furthermore, the OND Communities Support & Developer Manager post has been reduced from 5 to 2 days per week from September 2023.

Whilst we have intentions to support a 3-year Community Lottery bid (led by VCSE partners NDVS and TTVS), the challenge will be to secure match funding from across the OND partnership to demonstrate that OND partners are committed to community development (A Community Lottery request). Additionally, the application process could 12 months, resulting in a gap.

If no further funding is secured:

- One Community partnerships would be without staff support
- One Northern Devon: would be unable to support the long-established place-based partnerships (a core OND programme). These have taken a long time to develop and embed (since 2013)
- Communities, residents, organisations and groups would lack CDO support
- Staff: All 5 OND funded CDO and OND Communities Support & Developer Manager posts will have to be let go in March 2024 (on fixed-term contracts)

The good news is we hope to hear back from stage one of the Community lottery application in August 2023, the University of Exeter is interested in supporting a 3-yr community-based participatory evaluation and the application gives us an opportunity to embed CD CPD training opportunity incl. adopting (inter)national CD occupational standards and partnering with Devon-based CD trainers.

A community-based participatory research project: Bridging the gap between food producers and people facing food difficulties:



- Research findings were presented at the Devon Food and Insecurity summit in May 2023, highlighting the challenges people face accessing food
- To build on the momentum from the summit, the Devon Food Partnership will be working with Devon Community Foundation to establish a food insecurity task group. This group will bring together organisations and individuals with a strategic interest in both tackling and preventing food insecurity to focus on actions and next steps
- Devon Community Foundation (DCF) were awarded funding to explore bridging the gap between food producers and people facing food difficulties. The focus was on community research and food insecurity
- Ian Blackwell (DCF) connected with Ella McCann (One Barnstaple Community Developer)
- The group have been working closely with SPACE and One North Devon (James Lander)
- Ella and Ian, along with support from Alison and Lizzie (Community Developers) worked together to create research projects that involved working with young people being taken to Blackberry farm to conduct interviews, cookery sessions were run at a local youth club (SPACE youth services) and 'community conversations' with members of the public at St John's Community centre, Barnstaple
- Further funding of £100k is now available to undertake further research
- A Phase 2 bid is being prepared and if successful, it is proposed to expand the current project and work more with young people across Northern Devon
- Confirmation of funding will be in August 2023, and if successful work can start from Sept 2023 - Sept 2024
- An event is being organized in September and DCF are interested to hear from people who might have related projects to showcase
- Video and report in September 2023

HOLSWORTHY & DISTRICT COMMUNITY FORUM



CD Host Employer



Chair: Geoff Cusick (Resident)
Community Developer: Alison Skinner

Community priorities:

The Forum will meet as often as it needs to develop and implement local action plans based on their needs and assets.

It will assess it needs through:

- Engaging residents and businesses
- Understanding their public health needs using the Joint Strategic Needs Assessment (Devon County Council)
- Engaging local service providers
- We will develop a joint action plan to meet these needs



How H&DCF helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK. FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
'Let's Cook' club Learn to Cook healthy meals on a Budget	<ul style="list-style-type: none"> • Issues recruiting & retaining a tutor (staff sickness, personal circumstances etc) • Learn Devon tutor now secured • Purchased 8 sets of basic cookery equipment (One Devon Cost of Living grant) for families attending the course to take home in order to continue cooking healthy meals at home • postponed until September when the PCN wellbeing team will help with promotion to the target audience. 	In development - aims to support financial budgeting and healthy eating for families	Learn Devon PCN Wellbeing Team HDCF TTVS DMAT Hols Primary ROC action group
Food Hub - offering low cost food to families. (Tackling Food poverty)	<ul style="list-style-type: none"> • Attend food hub weekly to assist leadership • Learn food ordering system and lead on that from 20th July to cover holidays • Aim to train up 2 volunteer coordinators to take lead roles asap • HTC and TDC Cllr funding received to enable bulk delivery of items • Recruited and inducted new volunteers (incl finance officer) • Assist with arrangements for official opening and invite local dignitaries, press, etc. • Promotion • official opening made the front page of the Holsworthy Post 	Supporting people in food poverty <ul style="list-style-type: none"> • 76 members/families • 37 food bags per week 	DMAT Live West Tressell Trust HDCF TTVS Methodist church Town and District councils
Community Fridge (Tackling Food waste)	<ul style="list-style-type: none"> • The fridge is being well utilised. • Surplus items which cannot be rolled over to next week by the Food Hub delivered to Community Fridge 	Feedback: <ul style="list-style-type: none"> • Reducing food waste via collections • well utilised - No waste from fridge to date (all stock used) 	Dartmoor multi academy Trust, Libraries Unlimited Live West Trussell Trust HDCF TTVS
Volunteer Hub	<ul style="list-style-type: none"> • Mentoring new volunteer for TTVS Volunteering Desk and coffee morning outreach • Desk for Community Developer • Promoting TTVS Volunteer Hub in Holsworthy via Social Media and local avenues 	<ul style="list-style-type: none"> • Public presence for CD to interact with residents • Increased TTVS registered volunteers 	TTVS Holsworthy Information Centre

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
<p>Gentle Moves to Music: gentle exercise and weight loss programme for elderly</p>	<ul style="list-style-type: none"> • New venue and tutor secured • PCN wellbeing referrals - 6 sessions - 14 participants • Community transport funded to improve access (PCN and day companions request) - 4 community transports requests fulfilled • Discussing possible routes for funding this class into the Autumn / to expand this activity across Torridge (TTVS) 	<ul style="list-style-type: none"> • Increased physical activity levels • sessions are vibrant with people taking part in the exercises and singing along to the lovely music. 'feel good' factor • clients/tutor are all keen to extend this into the Autumn/Winter 	<p>Rebecca Jeffery (Tutor) PCN Active Devon Holsworthy day companions Okehampton Community Transport TTVS</p>

'It was so uplifting and just a joy to be included'



<p>ESOL: English for speakers of other languages</p>	<ul style="list-style-type: none"> • ESOL class run successfully by Sunrise Diversity • 10 Ukrainian refugees attend • supported by 3 volunteers 	<ul style="list-style-type: none"> • Reports highlight how classes improve language skills and engagement with community • Sustainability: Sunrise Diversity now running class 	<p>Skills Centre Sunrise Diversity</p>
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'Thanks to (ESOL course), I have the opportunity to learn more English, communicate with friends and learn a lot of different information about this wonderful country'



Community priorities:

Live Well in Braunton is a community resource helping people to live healthier and happier lives. Our priorities are:

- Make the village more connected
- Build social equity
- Support existing projects
- Identify gaps and coordinate respective projects
- Support social prescribing



How LWIB helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Seated yoga	<ul style="list-style-type: none"> • Attendance 14+each week • Additional 10 dates scheduled 	Attendees report <ul style="list-style-type: none"> • feel stronger • Confidence increased • friendships made 	Louise Pound Yoga, Braunton Library, Social Prescribers, Caen Medical Centre, Alzheimers
Welcome festival - Youth Volunteering event	<ul style="list-style-type: none"> • Supporting NDVS Youth CD • youth services under one roof 	<ul style="list-style-type: none"> • Increased young volunteers • highlight volunteering opportunities 	Petroc Barnstaple PCN, NDVS and Petroc
'Walking for health' Companion walking group	<ul style="list-style-type: none"> • 3 buddy walkers recruited numbers up to 12 (1x mobility scooter) 	'I'm normally seen for the mobility scooter... I now feel part of something and like myself again'	Braunton Countryside Centre(BCC), LWIB & Caen Medical Centre & Growing Communities Fund
Digital content	<ul style="list-style-type: none"> • Developing a user friendly app • updates made to website to make user friendly • events diary added 	<ul style="list-style-type: none"> • Increase digital awareness and accessibility 	Exeter College (student placement) and local organisations
Community Ambassadors (volunteers)	<ul style="list-style-type: none"> • 10 recruited, 2 trained • awaiting printed off directory before roll out further 	<ul style="list-style-type: none"> • In development - aims to raise awareness / connect people with their community (support, promotion, signposting) 	Post Office, Braunton Mobility, Jays Barbers, Alzheimer, DMWS, Wrafton Church
Community garden	<ul style="list-style-type: none"> • 3 potential spaces • Growing Communities funding sourced • additional partners (Ask for Jake, 2x Parish Counsellors, possibly Chivenor) 	<ul style="list-style-type: none"> • support people to • increase access to a greenspace / opportunity to grow 	Blue & Green Forum, Mini Gardeners, Diary of a Lady Gardener, Braunton Academy, DMWS, BCC, Ask for Jake, Parish Council, Chivenor
Baby massage	<ul style="list-style-type: none"> • 2nd course 20th Sept as first course successful • to be held at Christchurch 	<ul style="list-style-type: none"> • Young families have improved links within the community / family services 	Jane Kirby-Midwife. Early Nourishment, Christchurch
HOPE programme	<ul style="list-style-type: none"> • PCN referral route • Start on 26th Sept 	Supporting for chronic health conditions to build confidence and learn how to manage condition	Caen Medical Centre, Devon Carers



Live Well in Braunton
Connecting the Community

CD Host Employer



AGM 2023 presentation

See [full presentation slides](#) for LWIB progress report



Community priorities:

Following engagement with local residents and considering the local public health data are:

- Increase the health & wellbeing of our community in Bideford and surrounding areas
- Work closely with our local social prescribing team to identify the needs of the community and develop projects to meet these needs.
- Use our community engagement to identify projects such as mental health issues and physical activity need
- work and learn together

CD Host Employer



How One Atlantic helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE [CLICK HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Tackling Health Inequalities through physical activity (THIPA)	<ul style="list-style-type: none"> • delivery partner meets minimum Operating standards • created PCN referral pathway (mental health focus) • 16 surfers, all returning! • 16 hours in the water (2 x 8 weeks) • Due to the course's success, further funding took it to a total of 50 hours in the water for each participant! 	<p>Self reported</p> <ul style="list-style-type: none"> • increase confidence • Increased physical activity • Improved mood • Reduced isolation • unpaid carer respite • The surfers started a Whats app group to keep in touch and support each other • due to success, secured further DCC funding until November 2023 	Atlantic Racquet Club; North Devon Surf School & CHILL UK, Active Devon, OND
Young persons social group	<ul style="list-style-type: none"> • DRLC agreed to host • Meeting space secured at the Burton Art gallery • Gathering provider feedback • Seeking funding: Submitted application for Youth Investment Fund 	<ul style="list-style-type: none"> • Safe space for 18-25's • Provide opportunities to access support / services 	Devon Recovery Learning College; The Burton Art Gallery, Sunrise Diversity
LGBTQ+ Meet Up	<ul style="list-style-type: none"> • Social media survey • Seeking funding opportunity • Focus group survey shared • Agreed approach: demographic & geography with sunrise Diversity • First Group met at TTVS 25/07 (2 participants) 	<ul style="list-style-type: none"> • Tackle social isolation • Peer support • Opportunities to access support 	TTVS; Sunrise Diversity; Devon Recovery Learning College
Caring spaces	<ul style="list-style-type: none"> • Monthly in-person meetup for unpaid carers • Guest speakers • Subsidised meal now provided by Bridge Trust (with further Grant application) • Memory Cafe is core recruiter 	<ul style="list-style-type: none"> • Peer support • reducing social isolation • respite 	Bridge Trust Memory Cafe (core recruiter) TTVS & TorAge
FLOW FOOD (Meals on Wheels)	<ul style="list-style-type: none"> • OND Community Flow reported concern around meals for hospital patient discharges that live alone • Torridge Volunteer Cars deliver meals • Secured meal donations: local cafes kindly offered to donate 3 x hot meals per month to the TTVS Settle at Home programme 	<ul style="list-style-type: none"> • Vital meals delivered for recently discharged isolated patients 	Torridge Volunteer Cars, Local cafes: The Pannier Pantry and Cool Beans; TTVS Settle at Home

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Coffee & Cake Voucher Scheme	<ul style="list-style-type: none"> Secured £6k funding Created and issued vouchers Secured 6 distribution partners to reach 'at risk' populations (they also shared a Community Stall) 6 coffee shops Surplus funds to be carried over for Carers Support Project Questionnaire distributed Recording audio feedback (for Community podcast) 	<ul style="list-style-type: none"> support local businesses and elderly residents who struggle with cost-of-living connects isolated 50+ and elderly people (social isolation) build meaningful relationships (loneliness) The Pannier Pantry and Cool Beans were delighted with the scheme and have kindly offered to donate 3 x hot meals per month to the TTVS Settle at Home programme as a result of this scheme 	Bideford coffee shops & Voucher distribution partners: Lavington church group, Learn Direct, PCN wellbeing team, TorrAGE, Young Carers, Libraries Unlimited TTVS, Ace holds the space

Learning

- All partners apart from the PCN wellbeing team distributed vouchers (PCN 'did not have capacity')
- Spreadsheets issued showing voucher numbers in order to track participants became a barrier so discontinued use.
- Evaluation Qs on the back of the voucher had <5% completion rate
- One of the coffee shops felt that distribution seemed, at times, unfair (ie. they were seeing people in 'more need' who would have benefitted)

Testimonials

'So lovely as we can't afford those extra little things that you've been able to do for her'
Young Carers & Parents of Young Carers

"We are also often quite dead during the Winter but we were much busier thanks to the scheme."

K at Cool Beans cafe

"[The vouchers] helped out so many who said it pushed them to go out and use them."

MCM at Memory Café

"It was wonderful to go out with friends and meet in a small group without worrying about money."

C at Lavington Church Group

"As a person with PTSD and GAD (complex PTSD and Generalised Anxiety Disorder), as well as being neurospicy, I often struggle to be able to meet up with friends. I don't like to impose on others' time, so I end up feeling very lonely and isolated. The vouchers gave me a little more confidence, an excuse, to ask someone to go out for coffee, cake and a chat. They gave me the opportunity to try somewhere new"

B at Devon Recovery Learning Community



"Vouchers were widely and gratefully received by our learners – including two classes of Ukrainian families"

K. G at Learn Devon

Conclusions

- Vouchers have a dual effect of supporting small local cafes and creating ways to bring older people together, reducing social isolation and tackling loneliness.
- Need a more efficient way of capturing evaluation data without creating paperwork/barriers across all stakeholders.
- Potential to co-design with coffee shop owners and distribution partners to increase target population reach



Our 8 key priorities:

1. Ensure funding and future planning to sustain One Barnstaple
2. Create a Mental Health Network
3. Create a Volunteer Bank
4. Connect the community through events and activities
5. Create a (physical) Community Hub
6. Coordinated communications and media across the community
7. Create a Community Food Network
8. Create a Virtual Hub for collaborative working

**Chair: Louise Flagg (NDVS)
Community Developer: Ella McCann**



CD Host Employer



How One Barnstaple helped the community

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PROJECT	OUTPUTS	OUTCOMES	PARTNERS
<p>Community-based participatory research – 'Food Insecurity' Phase 1</p>	<ul style="list-style-type: none"> • Support conversations between community members and local producers - incl. 5x Youth centre session, 2x Community centre and 2x farm visits • Enable conversations about food insecurity and local produce to be heard and recorded • Work alongside others involved to gather information into barriers found by both community members and local producers in accessing local produce. 	<p>Research report will be published in August / September by DCF</p>	<p>Devon Community Foundation; Devon Food Partnership & Food Insecurity Hub; One Barnstaple; Space Youth Services; Blackberry Farm Shop; Barnstaple Town Council; Dancing Road Design (Steve Nuth); Freelance Researcher (Zoe); One Atlantic CD (Lizzie); Holsworthy CD (Ali); One Northern Devon</p>
<p>Wellbeing Wednesdays - Wellbeing Café</p>	<ul style="list-style-type: none"> • Weekly community event (Wednesdays) • Coordination of guests, publicity and promotion. • Facilitation of sessions with guests - Regular attendance of 5 – 12 attendees • Planning of future sessions (September 2023 onwards) 	<ul style="list-style-type: none"> • Community Members and OB Members connect with information and services. • Easing of social isolation. • Networking/catch up/check in opportunity for OB members to pop in and share updates with each other / CD 	<p>One Barnstaple, Barnstaple Library, NDVS and a variety of OB Members. June Lineup July Lineup</p>
<p>Wellbeing Wednesdays - Chair Yoga</p>	<ul style="list-style-type: none"> • Sourced and coordinated funding • Liaison with instructor and library • Signposting and promotion of the sessions • attendance continues to remain stable • video sessions made available to regular attendees (Summer Break during August) • 3rd session is now being offered for those wishing to progress to standing / mat work 	<ul style="list-style-type: none"> • Improved health and wellbeing of participants. • Increased activity levels. • Easing of isolation and loneliness. • Sense of connection and camaraderie • 'Out of Chair' Progression route 	<p>Yoga and Holistics with Jeanine, Barnstaple Library, One Barnstaple CD, NDVS, DCC Growing Communities Fund</p>



CD Host Employer



<p>One Barnstaple Youth Network</p>	<ul style="list-style-type: none"> • (June 2023) First meeting Supporting Network development: Sessions to be hosted / facilitated by BTC / NDVS Revitalising Youth Volunteering Event 	<p>Connecting C&YP professionals / organisations</p>	<p>Barnstaple Town Council Petroc Encom pass SW Young Devon Live well in Braunton Libraries Unlimited; NDVS</p>
<p>Barnstaple Repair Café</p>	<ul style="list-style-type: none"> • Supporting / promoting bi-monthly repair café sessions. • The Barnstaple Repair Cafe was launched in January 2023 and is a real community effort. • It is run in collaboration with One Barnstaple and Barnstaple Town Council and a bank of 25 keen volunteers including Barnstaple Rotarians. • Since January we have held 4 Repair Cafes with 40 volunteers and fixed 42 items including a wildlife camera, cricket trousers and a clock!" • success is due to the collaboration of partners involved and the fantastic group of volunteers whose enthusiasm and skills are the backbone of the cafes • <u>Next Repair Café – September 16th 2023</u> 	<p>From Plastic Free North Devon:</p> <ul style="list-style-type: none"> • proven to be a hub for community engagement encouraging people to come together, share skills and a cuppa • repair what might otherwise get thrown away • an intergenerational event that brings the community together to build resilience, keep the climate conversation going, help people to feel empowered to combat the climate crisis together and provide the opportunity to interlink different community groups with a common goal. 	<p>Plastic Free North Devon (lead) Barnstaple Town Council, Barnstaple Rotary Link, One Barnstaple.</p>
<p>Mental Health Network (Tara Rundle DMHA)</p>	<ul style="list-style-type: none"> • drop in space where people can: • Share organisational info • Bring challenges or ask questions to the group about issues they are facing and discuss ways to improve the system • Share funding opportunities • Discuss collaborations • peer support space • 	<p>Mapping member organisations: mental health support including info about referral routes, new groups, events etc</p>	<p>Devon Mental Health Alliance, One Barnstaple</p>

<p>Green and Blue network</p>	<ul style="list-style-type: none"> • Approx 8 attendees • CD Supporting / Facilitating • The Mini Gardeners (soon to be The Gardeners Co) will take on the Facilitation of this Network with support from Barnstaple Town Council and Live Well in Braunton 	<ul style="list-style-type: none"> • Urban Regeneration Project (see project) has now been awarded funding and is running through the summer • 'Healing Steps' walking group for widows/widowers emerging from their grief has been started following connections made through this network 	<p>One Barnstaple, Mini Gardeners, The Lady Gardener (Facilitators), Barnstaple Town Council and Live Well in Braunton - and multiple local partners</p>
<p>Urban regeneration project (below)</p>	<ul style="list-style-type: none"> • Explored and co-produce project aims, objectives and desired outcomes • Sourced funding (£3,000) • Support delivery partners in achieving outcomes agreed in funding • Explore legacy / further programmes with delivery partners • Connect partners with Barnstaple Regeneration and other opportunities 	<ul style="list-style-type: none"> • Full report will be available in September 2023. • <u>Weekly photos/updates can be seen on The Mini Gardeners Facebook Page</u> • <u>Post from 25.07.2023</u> • <u>Post from 31.07.2023</u> 	<p>One Barnstaple; The Mini Gardeners; The Rabbit Hole; Growing Communities Fund (DCC); NDVS</p>



See [One Barnstaple's June-July summary pdf](#) for more pics and updates

Community priorities:

The priorities identified by One Ilfracombe following engagement with Ilfracombe residents and considering the local public health data are:

- Increasing life expectancy
- Enabling older people to remain independent longer
- Helping our young people to reach their potential
- Increased growth of local business
- More Ilfracombe residents in work
- Improving town image
- More residents feeling proud



How One Ilfracombe helped the community

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PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Inclusion health @Belles Place	<ul style="list-style-type: none"> • 3x funding applications made on behalf of Belles Place (£15k total) • Innovation for Healthcare Inequalities Programme Lived experience interviews, exploring access /experiences/impact 	Interviews established barriers to access and identified other areas of need in regard to literacy and mental health	Belles place and residents
United Church's chatline/volunteer visits	<ul style="list-style-type: none"> • PCN wellbeing teams highlighted housebound / isolated / lonely patients leading to MH issues • Planning a multi-church "call centre" chatline 	In development - aims to: alleviate loneliness connect with community	Ilfracombe churches
Mental Health drop-in self help mental health courses -	<ul style="list-style-type: none"> • Interviews at Belles Place / PCN raised need for MH drop-in provision • secured location every other Tuesday at the community centre • Organising MH courses/ support/signposting; Specialist MH Art-therapy/creative sessions; Suicide prevention 	in development - 1;1/ Group MH support	Devon Mind, Pip & Jim's, Creative Mojo Pete's dragons Rotary Ask Jake (Braunton) Cllr Dave Williams
Farmers outreach Health Hubs	<ul style="list-style-type: none"> • now established in Tavistock, Exeter and South Molton • to visit North Devon Show, Chagford and possibly Holsworthy or Tiverton • carrying out blood pressure checks and mental health support • helping to facilitate Northern locations for NHS • permit for promenade secured • Now ICB/Public health funded/managed 	<ul style="list-style-type: none"> • successful in educating and demonstrating the need for the farming community to have access to an outreach health clinic • undiagnosed hypertension found and now in touch in with their GP's for treatment • Covid vaccination • signpost to other areas of concern 	Stags / Kivells auctioneers / ICB /NHS Trusts

Images: Farmers outreach Health Hubs



<p>Business Review Ilfracombe</p>	<ul style="list-style-type: none"> • Interviews with strategic business owners and residents • talking with events organisers to establish what they to promote Ilfracombe as a destination for business conferences in the off seasons 	<ul style="list-style-type: none"> • Barriers, issues, healthcare, potential solutions • Innovative ideas to attract a wider group of holiday makers and business conventions (on and off season) 	<p>Residents Other key people Local businesses</p>
<p>FAT club</p>	<ul style="list-style-type: none"> • started by people keen to be involved with activities but facing barriers to access • 100+ members • values: respect each other, not to judge or patronise • weekly sessions, room hire, training & transport • planning programme - So far: Yoga, 1-1 with Pilates, Rehabilitation, Movement and Strength 	<p>in development</p> <ul style="list-style-type: none"> • increased confidence and physical activity • providing a support network 	<p>Sports England (funder)</p>

CD is also exploring Allotments at Combe Martin and supporting a 'food poverty and the provision of food banks' researcher



As Volunteers' Week 2023 comes to a close One ilfracombe would like to say a massive THANK YOU 🙌, not only to those who we have posted about, but to all of those fantastic volunteers across Ilfracombe who do so much for our entire town!

☀️ One of our main aims of Volunteer week was to make volunteering a part of our lives and inspire others to do the same!



Community priorities:

The priorities identified by One South Molton following engagement with South Molton residents and considering the local public health data are:

- To enable individuals and the South Molton Community to improve and promote their own health and well-being.
- To support families and vulnerable members of the community with the effects of the pandemic, including food support
- To work closely with the South Molton Social Prescriber to identify community need and develop projects and support to meet these needs



How One South Molton helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE [CLICK HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Fantastic Fridays Tackling Health Inequalities with physical activity	<ul style="list-style-type: none"> • 3 providers secured - Yoga, swimming, tai ChiAdult taster sessionsProgramme planning - free active family sessions refreshments available after every sessionPosters & Promotion - Including those not online and in the rural villages 35+ bookings at Swimming pool 	<ul style="list-style-type: none"> • aiming for a full free Friday of summer holiday activities around the townIn development - A short and friendly evaluation that does not intrude on activities or families attending 	Instructors, Swimming pool, library and museum
OSM Forum	<ul style="list-style-type: none"> • Listing OSM Areas and IMD Ranks • Online file sharing • agreed & updated vision and terms of reference • promoting OSM in SM and surrounding villages 	<ul style="list-style-type: none"> • New members • Shared vision • Increasing collaboration potential 	OSM members
under 18's with emergency homelessness support	Secured a room and tea/coffee for professionals working with young people in South Molton or surrounding area (currently using public cafes)	<ul style="list-style-type: none"> • comfort and privacy in a time of crisis. 	South Molton town Council (Amory centre)
OSM drop-in / community info	<ul style="list-style-type: none"> • Secured a weekly OSM slot in the market on Thursdays • invite a different group/organisation/club to join us every week 	<ul style="list-style-type: none"> • point of engagement • signposting • awareness 	South Molton town Council, Pannier Market

Supporting local organisations	<ul style="list-style-type: none"> • Promoting Plastic Free North Devon and Dementia Service • 'Lets talk together' - added to Devon Connect, finance and governance advice • 'Wild things forest school' governance advice • Soulfire tattoo - explore mens MH / parent post-natal depression support group ideas
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Community priorities:

The priorities identified by Torrington 100 following engagement with residents and considering the local public health data are:

- Create a forum that allows all local stakeholders to have a say in the continuing development of their community, related to wellbeing involving: Residents and the public, voluntary, community & private sectors
- Be part of the wider Devon Integrated Care System (ICS) and in particular One Northern Devon
- Build Community Capacity by delivering sustainable activities, projects and services to meet peoples' needs.
- Improve wellbeing (Individual and Community) and build a sense of community (belonging)

How T100 helped the community

THIS IS A SNAPSHOT OF THIS PERIODS CD WORK, FOR MORE OUTCOMES INCL. PREVIOUS MONTHS/YEARS PLEASE CLICK [HERE](#)

PROJECT	OUTPUTS	OUTCOMES	PARTNERS
Menopause Activity group (Tackling Health Inequalities)	<ul style="list-style-type: none"> • Targeted activity sessions for those at risk of health Inequalities • connecting with existing support groups • setup peer support group • organise signposting and advice talks 	<ul style="list-style-type: none"> • Increasing physical activity levels (reducing health Inequalities) • reached 'at risk' group 	Torridge District Council Torridge PCN Wellbeing team
Community garden: Grow - share - cook	<ul style="list-style-type: none"> • CDT confirmed as lead organisation • Venue confirmed at historic Torrington Vicarage Gardens. Tenancy agreement with Diocese (in discussion) • 6 Volunteers recruited - incl. Volunteer PM / Landscaper and cook from local cooking school • RHS Rosemoor offered free seeds and volunteer training • Seed monies secured 	<p>New volunteer-led community asset aims to:</p> <ul style="list-style-type: none"> • Reduce food insecurity / waste • Improve confidence of local growers • Increase nutritious food intake 	Community Development Trust RHS Rosemoor St Michael's Parish Church and diocese Tanaki Cooking School
T100 Forum	<ul style="list-style-type: none"> • T100 Newsletter • Exploring potential to become TDC Torrington Regen Board Health and wellbeing subgroup • Collaborative funding bids 	<ul style="list-style-type: none"> • Informed members • Connected to external (wider) partnerships • Increased partnership working 	Devon County Council Torridge District Council Great Torrington town Council other T100 members
Collaborative engagement	<ul style="list-style-type: none"> • T100 CD - community feedback • DCC consulting - the impact the lack of public transport on rural communities • University of Exeter - help identify rural challenges • CDT - the environment and climate change challenges 	<ul style="list-style-type: none"> • Collaborative engagement • Increased understanding of local priorities 	Community Development Trust University of Exeter T100 Devon County Council
Community transport (buses)	<ul style="list-style-type: none"> • Off-peak 315 buses cut • DCC exploring the future of decommissioned community library buses • Opportunity for the current buses to be repurposed and used by communities once taken out of service 	In development	Devon County Council T100
Community Learning	<ul style="list-style-type: none"> • New Maths and English group training launched • PCN referrals 	<ul style="list-style-type: none"> • Improve numeracy and literacy skills • Social connection opportunity • Increase learner confidence 	Learn Devon, PCN
Social Enterprise development	<ul style="list-style-type: none"> • In partnership with TDC, TTVS is creating a package to help support new social enterprise business across Torrridge 	In development	Torridge District Council TTVS
Social activities for Carers and the cared for	<p>Town hall hosts:</p> <ul style="list-style-type: none"> • Mix & Mingle every Monday(am/pm) • Knit and Natter Wednesdays • Lunch Club every other Thursday 	<ul style="list-style-type: none"> • Reduce social isolation / Increase social connection opportunities • create meaningful activities • Increase sense of community 	The Town hall

One Community support & development

AIM - Strengthening the capacity and resilience of the One Communities to respond to the needs of their communities and national and regional policies outcomes

Risk register and mitigations

OC Developments: system and OC requests

OC RISK REGISTER

*Risk score /25 = Likelihood (/5) x Impact (/5)

● HIGH RISK
 ● MEDIUM RISK
 ● LOW RISK

Risk	Potential Impact	Current Mitigation	Score /25
<ul style="list-style-type: none"> Northern Local Care Partnership funding secured - will enable unfunded CDO contract extension until March 2024 OND Communities Support & Developer Manager time currently reduced from 5 to 2 days per week Barnstaple Town Council funding/employing CDO post until end of March 2024 (Tbc for 24/25) Live Well In Braunton Community Lottery funded until end of 2025 	<p>If no further funding is secured:</p> <ul style="list-style-type: none"> One Community partnerships would be without staff support One Northern Devon: would be unable to support the long-established place-based partnerships (a core OND programme). These have taken a long time to develop and embed (since 2013) Communities, residents, organisations and groups would lack CDO support Staff: All 5 OND funded CDO and OND Communities Support & Developer Manager posts will have to be let go March 2024 (on fixed-term contracts) 	<ul style="list-style-type: none"> Community Development funding secured from NLCP to cover 'unfunded' CDs until March 2024 NDVS and TTVS are leading on a Community Lottery Application - but this can take up to 12 months (Summer 2024) Barnstaple Town Council agreed to fund and employ One Barnstaple Community Development Officer till March 2024 NLCP funding unfunded CDO posts until March 2024 	20

OC DEVELOPMENT: PROGRESS & REQUESTS

DEVELOPMENT	PROGRESS	OND 'SYSTEM' REQUESTS	OC REQUESTS
CD Funding	<p>Partnership Lottery bid led by NDVS/TTVS</p> <ul style="list-style-type: none"> Hope to hear back from stage 1 application August 2023 University of Exeter is interested in supporting 3-yr evaluation (cost tbc) Exploring CD training options: incl. adopting a (Inter)national CD Occupational standards 'recognition' process and Devon-based training partners 	<p>Community Lottery bid match fund group - OND Board members needed</p>	<p>Support OND/NDVS/TTVS with bid (coproduction)</p>
OC Governance, safeguarding, H&S	<ul style="list-style-type: none"> OC ToR (for adaptation by each OC) CD role description Draft OC Chair role description (Tbc Sept 2023) Active Devon minimum operating standards (MOS) SCAA offer to work with OC's/OND One Community group to embed values based working 	<ul style="list-style-type: none"> Are any partners able to offer volunteer management for OC volunteers? Can Councils/CVS promote/support minimum operating standards/Quality assurance? 	<ul style="list-style-type: none"> Chair role description will be shared via OND One Community group Use Active Devon MOS and employer policies when setting up community projects

OC DEVELOPMENT: PROGRESS & REQUESTS

● HIGH RISK
 ● MEDIUM RISK
 ● LOW RISK

DEVELOPMENT	PROGRESS	OND 'SYSTEM' REQUESTS	OC REQUESTS
OC Forum / Engagement resources	<ul style="list-style-type: none"> 6 of 7 OC's now have free, regular meeting rooms 	<ul style="list-style-type: none"> One Atlantic need a Bideford location IT solutions for hybrid meetings (mic and camera) 	<ul style="list-style-type: none"> Report to OND any meeting resources required Ask public-sector OC members for free venues (ideally suitable for hybrid meetings)
'Meaningful' evaluation and outcomes framework	<p>Offers of support/opportunities to align:</p> <ul style="list-style-type: none"> May 2023: SWASHN (Kate Ogilvie) spoke with 'OND Community group' about 'co-producing meaningful outcome measures with communities' University of Exeter's SPHERE participatory methodologies Devon Communities Foundation <p>OND Impact reporting could consider Community-level measures</p>	<p>Please share the:</p> <ul style="list-style-type: none"> outcome measures your organisation currently uses to measure 'community work' desired outcomes that are 'meaningful' to your organisation 	<p>CD's to feedback to OND:</p> <ul style="list-style-type: none"> the evaluation support your OC feels they need desired CD outcomes that are 'meaningful' to your community
OC/CD strategy	<ul style="list-style-type: none"> Developing a 'OC Theory of Change' (SPHERE recommended) One Devon's Joint Forward Plan has a 'Community Development' section that LCP's will be accountable for delivering 	<ul style="list-style-type: none"> As anchor institutions, can OND partners offer organisational development support e.g. performance management, strategy? Can you support alignment with local councils/PCNs? 	<ul style="list-style-type: none"> Co-produce a OC Theory of change ('plan on a page') with OC members as part of your 'community action-plan' consider local CD strategies (e.g.council)
Communications	<ul style="list-style-type: none"> CD/OC Chair 'OND updates' OND Place report CVS' offered an update section for related OC's in their newsletters OND Community group discussion around creating a visual presentation template for key OC and OND projects (photos, testimonials, outcomes, lessons learned & unexpected/additional outcomes) - to help create a 2-way conversation between OND Community group and LCP 	<ul style="list-style-type: none"> Please share OND Place report 	<ul style="list-style-type: none"> Please share OND place report with OC members Add a 'CD update' section to your OC forum agenda to inform members of partnership work Setup a (free online community platform) Devon Connect Team for your OC

OC DEVELOPMENT: PROGRESS & REQUESTS

● HIGH RISK
 ● MEDIUM RISK
 ● LOWEST RISK

DEVELOPMENT	PROGRESS	OND 'SYSTEM' REQUESTS	OC REQUESTS
Community Insight	Supporting Community research <ul style="list-style-type: none"> • Kailo: Adolescent mental health • Devon Communities Foundation: Food Insecurity Shared datasets <ul style="list-style-type: none"> • Seeking consent to share: JoyApp PCN wellbeing insights • One Devon dataset (Population Health management approach) including publicly available datasets: <ul style="list-style-type: none"> • ONS custom area profiles / custom maps • Devon Public Health dashboards and Community summaries (incl. JSNA) Other available to OND: <ul style="list-style-type: none"> • Shape atlas 	Share insight data / report recommendations with Community Development team	<ul style="list-style-type: none"> • Collate and share insights/recommendations with OC / OND OC group • Share OC priorities with OND to help promote community-led decision making • Use DCC Public Health dashboards / ONS area profiles to inform OC members/priorities
System-mapping (how to navigate the system)	<ul style="list-style-type: none"> • Themed networks verbally sharing • Various directories exist • CD projects listed in OND place report 	Collate and share: <ul style="list-style-type: none"> • boundaries • referral requirements 	Coproduce and share local system, maps (services, barriers referral pathways) as part of engagement
OC CPD	<ul style="list-style-type: none"> • Public Health tools for community groups - Problem structuring framework (SPHERE 6x CPD sessions for 23/24) • Embedding cultural values facilitation (System Change Action Alliance) 	As anchor institutions can you offer any community development support/training?	<ul style="list-style-type: none"> • CDs to attend SPHERE workshops after every other OND group meeting (next 27/9/23) • Contact Nikki Fuller for support embedding cultural values